

The Morning Calm Weekly

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March 17, 2006



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RSOI/FE 06 set to begin March 25

U.S. Forces Korea Public Affairs

SEOUL – The Republic of Korea and United States Combined Forces Command announced that the Reception, Staging, Onward Movement and Integration exercise, referred to as RSOI 06, will be held March 25-31.

Along with RSOI 06, the joint and combined field training exercise referred to as FOAL EAGLE will again be linked with RSOI as it has been for the past several years.

RSOI/FE 06, like all other joint Republic of Korea/U.S. CFC exercises, contributes to the combined defense posture and improves the command's ability to deter external aggression against the Republic of Korea.

The annual training exercise will involve ROK forces and a number of U.S. military units permanently assigned on the Korean Peninsula, as well as capability enhancements provided by a relatively small number of U.S. military units from worldwide locations.



CPL. PARK MYUNG-JOON

That's a bunch of bull

The sport of bullfighting in Korea originated more than 1,000 years ago. It began as a farmer's pastime, with the strongest bulls being selected for breeding. Here, Moopae (left) battles Woorami during a match Sunday at the Cheongdo Bullfighting Festival. Similar to boxing or wrestling, the bulls are ranked into weight classes, with heavyweight division entries coming in at more than 1,600 pounds. See page 26 for more on the Cheongdo Bullfighting Festival.

About 80 Soldiers, civilians and family members attended the opening ceremonies of the 2006 Cheongdo Bullfighting Festival, Saturday, courtesy of the Camp Walker Community Activities Center and Better Opportunities for Single and Unaccompanied Soldiers.

Cheongdo is located in North Gyeongsang Province, about 30 minutes southwest of Daegu. Although there are several bullfights throughout the year in Korea, this is the largest.

The festival is five days long, culminating in an awards ceremony for the international and domestic champions. The highlight is the bullfighting, but visitors can also take in the numerous exhibitions and activities surrounding the festival venue.

Lean Six Sigma flames winds of change for 8th Army Soldiers

Eighth U.S. Army Public Affairs

Special to The Morning Calm Weekly

YONGSAN GARRISON – The U.S. Army and every Soldier is standing on a burning platform. Bound by duty, jumping from the platform into the unknown is not an option. Every rank and file must turn to fight the fire.

That is the analogy used to create the sense of urgency to inspire every Soldier to embrace a management tool that will shape how the Army will adapt or die to survive increasingly scarce resources, to face ongoing transnational threats and to win the ongoing war against terrorism.

The tool is called "Lean Six Sigma" and it's designed for Soldiers to stay on the platform and fight the flames amid the winds of change burning on our doorsteps.

Lean Six Sigma is a Secretary of the Army initiative. It aims to improve the quality of Army missions,

products and services in a timely manner and reduced costs. Lean Six Sigma is a viable management efficiency tool with a proven track record and will enable Army organizations to realize efficiencies while, simultaneously, improving the ways it serves the Nation.

The "burning platform" represents an opportunity for the Army to embrace change and a Transformation in how to conduct operations. For 8th U.S. Army Soldiers

Lt. Col. Tom Budzyna,
8th U.S. Army public affairs officer

the sense of urgency to change can be felt by budget figures. Their fiscal year 2006 budget of \$455.8 million was reduced to \$362 million. Their budget for fiscal year 2007 is slated to be \$364.4 million but talk in the Pentagon is that future years are expected to face further cuts.

"It's one thing to assert that we need to change,

but when budget reductions of that magnitude hit us and organizations Army-wide, then a sense of urgency inspires a new assertion – *how are we going to change?*" said U.S. Army Lt. Col. Tom Budzyna, 8th U.S. Army's public affairs officer, "Lean Six Sigma is the tool that will answer that question."

Army leaders, Soldiers, and civilian employees must develop more effective, efficient, and economical ways to achieve desired results.

A distinct feature of Lean Six Sigma is that organizations will dedicate up to one percent of its personnel structure to be part of an expert cadre of process analyzers and facilitators who will make Lean Six Sigma work. Coupling this cadre with a *priority list of projects identified for analysis and improvement by commanders*, the Army will be able to quickly address how to meet or beat resource reductions.

Lean Six Sigma is actually two management tools in one. "Lean" is a management philosophy focusing on trying to reduce seven areas of waste: over-

See **Sigma**, Page 4

MP Blotter

The following entries were excerpted from the military police blotters. These entries may be incomplete and do not imply the guilt or innocence of any person.

Area 3

■ Traffic Accident without Injury, Damage to Government Property, Inattentive Driving, Operating without License — Subject 1, operating a Government Owned Vehicle, attempted to back into parking spot, failed to observe and struck a concrete curb. Damage to Subject 1's vehicle consisted of a broken left rear mud flap. Subject 1 did not have a valid driver's license. Subject 1 rendered a sworn statement admitting to the offenses. Estimated Cost of Damage is unknown. Investigation continues by MPTAI.

■ Housebreaking of a Family Dwelling, Damage to Private Property — Person(s) unknown gained entry to Victim 1's residence, removed various items of clothing and burned them on an outside balcony. Estimated Cost of Damage is unknown. Investigation continues by MPI.

Area 4

■ Traffic Accident without Injury, Damage to Government Property, Failure to Judge Proper Clearance — Subject 1, operating a GOV with Witness 1 as a TC, attempted to back up and struck a GOV, which was parked and unattended. Damage to the GOV consisted of a scratch on the left rear panel. Subject 1's vehicle did not sustain any visible damages.

Area 6

■ Traffic Accident without Injury, Damage to Personal Property, Hit and Run — Person unknown took Victim 1's Privately Owned Vehicle without the owner's consent and struck the curb in the intersection of Devils Run and Ave G. Person(s) unknown then proceeded to the parking lot adjacent to Bldg. 391, where an unknown individual exited the vehicle. Person(s) unknown then went back to Bldg. 344, where the unknown individual parked the vehicle and departed the area. Damages to vehicle consisted of a destroyed front grill, both left front and rear rims were bent, a flat left front tire, antifreeze leaking from vehicle, and a damaged headlamp assembly.

DoD considers ways to control healthcare costs

By Bill Yamanaka

Army News Service

The Department of Defense is considering raising TRICARE premiums for retirees under age 65, as a way to control the long-term costs of military healthcare and save the benefits for future service members.

Without this increase, there is concern long-term costs may eventually diminish the benefits provided and impact the nation's defense capability and national security. The DoD provides truly outstanding health benefits for active-duty and reserve-component members, retirees, and their families under TRICARE, and plans to continue this service.

"TRICARE has improved steadily in recent years," said Dr. William Winkenwerder Jr., Assistant Secretary of Defense for Health Affairs. "Independent surveys show TRICARE ranks as one of the nation's best health plans," he said.

Unique benefits include a national network of more than 220,000 physicians, all U.S.

hospitals, and 55,000 retail pharmacies. Military medical facilities have one of the best electronic health record systems in the world.

Winkenwerder pointed out the issue at hand: "TRICARE's costs have more than doubled in 5 years from \$19 billion in FY 01 to \$38 billion in FY 06, and analysts project these costs to reach \$64 billion by 2015 – more than 12 percent of DoD's anticipated budget. It's at 8 percent today."

Costs have grown because of expansion of benefits, increased use by retiree beneficiaries, health inflation, and no change in TRICARE premiums in the last decade. Large numbers of under-65 retirees are dropping employer-sponsored healthcare plans and relying on TRICARE. As a result, DoD increasingly subsidizes healthcare costs for many private-sector companies and some state governments.

Total beneficiary cost shares have declined substantially. Beneficiaries paid 27 percent of their service cost in 1995 but only 12 percent in 2005, Winkenwerder said.

It is essential to restore an appropriate cost-sharing relationship between beneficiaries and the Defense Department as an employer and provider of Tricare. DoD has a plan to address this issue so the military health benefit program can be on a fiscally sound foundation for the long term.

An approach will be to reestablish the proportional level of individual cost sharing of 1995. This plan will have no impact on active-duty members or over-65 retiree beneficiary premiums.

The Army supports DoD's efforts of informing Congress of the steps that are necessary to sustain this great health benefit. It is vitally important to our beneficiaries and to our national security.

Send Letters to the Editor, guest commentaries, story submissions and other items for inclusion in The Morning Calm Weekly to:

MomingCalmWeekly@korea.army.mil.

Deadline for submission is close of business the Friday prior to the date the item is to be published.

For information, call 738-3355.

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BY CHRIS ASHBY - WWW.ELUSIVE-CONCEPT.COM

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SUBMISSIONS OR COMMENTS:

Phone: DSN 738-3355

Fax: DSN 738-3356

E-mail: MorningCalmWeekly@korea.army.mil

Area I

Commander

Public Affairs Officer

Col. Forrest R. Newton
Margaret Banish-Donaldson

Area II

Commander

Public Affairs Officer

CI Officer

Staff Writer

Col. Ron Stephens
Steve Davis
David McNally
Sgt. Christopher Selmek

Area III

Commander

Public Affairs Officer

CI Officer

Staff Writer

Brig. Gen. H.T. Landwermyer Jr.

John A. Nowell

Staff Sgt. Mark Porter

Col. Michael J. Taliento Jr.

Susan Barkley

F. Neil Neeley

Roger Edwards

Area IV

Commander

Public Affairs Officer

CI Officer

Staff Writer

Col. Donald J. Hendrix

Kevin Jackson

Galen Putnam

Steven Hoover

Morning Calm

Installation Management Agency-Korea Region Office

Director/Publisher

Public Affairs Officer

Editor

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President: Charles Chong
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Mail address: Oriental Press,
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Support and Defend

NEWS & NOTES

Host Families Sought

Host families are needed for the Good Neighbor English Camp 2006.

The English camp is for Korean 10th-grade students from the Pyeongtaek, Daegu and Seoul areas. Our young Korean visitors will be immersed in an English-speaking environment as they visit and interact with Americans during the five-day program held April 4-8.

To volunteer as a host family, contact the USFK Public Affairs Office at 723-4673/4661 or e-mail Capt. Yosup Shim (shimyo@korea.army.mil). Deadline for host family registration is March 21.

Youth Leadership Program

Youth in grades 8-10 are invited to attend a Youth Leadership Program April 9-14 at Yongsan Garrison. The program will include discussion of character education development, technology, physical challenge and service learning projects.

Deadline for registration is March 23. For information, call the following local contacts:

Camp Humphreys, 753-8284
Camp Walker, 764-7522
Yongsan, 738-8122

School Expense Limits Set

The maximum amounts payable for school expenses (hak-bi-bocho) for middle and high school dependent students for Korean National employees of USFK have been adjusted. For middle school students, the maximum amounts payable for school expenses for 2006 school terms are 1,350,000 won per year, and 2,930,000 won per year for high school students. There are no quarterly limits on the amounts to be paid. Allowable educational expenses for eligible employees are authorized up to a maximum of two students in middle school, high school and undergraduate college IAW Chapter 8 of USFK Regulation 690-1. Request for reimbursement of school expenses will be submitted in March, June, September and December. Questions may be sent to the servicing Civilian Personnel Advisory Center.

Voting Assistance Program Experiencing Difficulties

The Federal Voting Assistance Program is currently experiencing technical difficulties with the Voting Information Center and worldwide toll-free access numbers. UOCAVA citizens are encouraged to use the FVAP Web site, www.fvap.gov, or to contact the program via e-mail at vote@fvap.ncr.gov for information and questions until these technical difficulties are resolved. Questions regarding the above may also be referred to the Director, Federal Voting Assistance Program, Department of Defense, 1155 Defense Pentagon, vote@fvap.ncr.gov and on the World Wide Web at www.fvap.gov.



SPC. DANIEL LOVE

Firefighters respond to an early-morning fire on Yongsan Garrison Thursday. The fire began just before 2 a.m. No fatalities were reported.

Fire hits Yongsan Garrison Thursday

U.S. Forces Korea Public Affairs

YONGSAN GARRISON – A fire took place at the Directorate of Public Works and 9th Korea Service Corps compounds Thursday around 1:55 a.m. The cause of the fire is unknown.

The Area II Support Activity

Fire Department and the Area II Provost Marshal Office received a report that numerous buildings were on fire in the vicinity of Bldg. 1326, just inside Gate 22.

First responders included military and civilian fire departments, along with the Korea National Police and

other emergency service personnel.

No fatalities were reported however there were three injuries. Further information is not available at this time. An investigation into the event continues and details will be released as they are received.

Seabees in Korea celebrate 64 years of 'Can Do' attitude

By Navy Journalist First Class David McKee

CNFK Public Affairs

YONGSAN GARRISON — Seabees from around the peninsula gathered to celebrate the Seabee's 64th Birthday March 4 at Commander, Fleet Activities Chinhae.

Naval Mobile Construction Battalion Four, Detachment Chinhae, along with support from the Public Works Office, the galley and the Morale, Welfare and Recreation Office hosted the free event. The Seabees also organized sports in the gym, and provided their own disc jockey to play the music.

"The barbecue was a big hit," said Equipment Operator Second Class Lawrence Ziegler, who began by cooking hamburgers and hot dogs for lunch and then prepared rib eye steaks, shrimp and rotisserie chicken for dinner.

The Seabees have been separated since the beginning of their deployment in 2005 working on different projects around the peninsula as well as taking part in Katrina relief efforts.

"CFAC regularly hosts an annual party for the Seabee's Birthday for half a dozen permanent party Seabees and the rotating Seabee Detachments," said Detachment Officer in Charge, Lt. j.g. Virginia A. Blocher. "This year NMCB Four's 'Dets' were deployed to Korea in support of Navy and Marine construction projects, and were able to participate in the annual festivities."

The celebration was appropriate for the contributions that the detachments have made in Pohang, Chinhae and throughout the world.

CFAC Commanding Officer, Cdr. Randy Martin, said, "the Seabees built many of the buildings on Fleet Activities Chinhae, including all of the buildings in the command cluster.

"A deployment to Chinhae provides an outstanding opportunity for skill development within the Naval

Construction Force. We receive tremendous cooperation from Naval Facilities Engineering Command and the deploying Seabee detachments to improve the expeditionary and contingency capability of U.S. Naval Forces Korea," he added.

Capt. Tom Cunningham, the senior Navy civil engineer corps officer on the peninsula agreed with Martin and also thanked the Seabees for their service.

"The Seabees do great work around the world. Here in Korea, the Seabees in Chinhae and Mujok are critical for Korean contingency," said Cunningham. "I really appreciate everything you do for our country."

As part of the traditional cake-cutting ceremony, the oldest and the youngest enlisted Seabee present cut the cake. This year Chief Builder Chief Petty Officer (SCW) John Johnston, visiting from Combat Service Support Detachment One, shared the honor with 18-year-old

Seabee Utilities Constructionman Apprentice Josh Poirer.

"All in all, we had another great Seabee Birthday, bringing all Seabees on the peninsula together to celebrate and

remember all that Seabees have done before us," Blocher said.

The men and women of NMCB Four are a 600-person Seabee Battalion providing contingency construction to the U.S. Marine Corps and other services, as well as disaster relief and humanitarian assistance following Hurricane Katrina last year.

"Seabees from the battalion deployed to Gulfport, (La.) to support disaster recovery for Hurricane Katrina September through mid October," said Blocher. "While there, they assisted in disaster recovery efforts with the Task Force Katrina and repaired damaged homes and removed debris."

"Here in Korea, the Seabees in Chinhae and Mujok are critical for Korean contingency."

Capt. Tom Cunningham, civil engineer corps, CFAC

Healthcare records go paperless

18th Medical Command Public Affairs
Special to The Morning Calm Weekly

YONGSAN GARRISON – Starting in April, 18th Medical Command medical facilities in the Republic of Korea will begin a transition to the electronic health record known as AHLTA. The transition, which begins at 121st General Hospital, will be completed throughout all of the 18th MEDCOM Troop Medical Clinics by July 2006.

This system is the second generation of the military’s automated healthcare system. AHLTA will feature electronic health records that will be instantly available to healthcare providers with access to the system. It is the future of healthcare across the Military Health System.

The most visible feature for health care beneficiaries is that records, besides being paperless, will be accessible from any military clinic or hospital. This includes immunization records for children, for example, making school registration a much easier process for many. Staffs at military treatment facilities will be able to call up and print out those records anywhere in the world, officials said.

All military services are implementing the system incrementally across their military treatment facilities. Until the system is fully in place however, patients must still hand carry their paper records when relocating. Within the Army Medical Command, AHLTA implementation is in its last stages, as a majority of the U.S. Army sites have already converted. By year end of 2006, it will have been implemented throughout all Army medical treatment facilities.

One drawback is that during AHLTA implementation, patients will experience

longer wait times for appointments. Fewer appointments will be available as the staff train on the new system. In facilities that have already gone through the implementation, the appointment slowdown generally lasted approximately two months.

In the meantime, the 18th MEDCOM will be utilizing a variety of methods to maximize available appointments. These vary by clinic based upon staffing and specialty. Among the methods utilized will be staggering our staffs’ AHLTA training, cutting back on the number of wellness exams and routine appointments for stable chronic health issues, possibly, extended hours, and relying more heavily on our Memorandum of Understanding Hospitals to provide care as we build back up to full schedules.

Based upon Army regulations and DoD Health Affairs guidelines for access to care, the medical treatment facilities will prioritize appointments by patient beneficiary category. Space available patients may experience a higher than usual number of referrals to MOU hospitals. More information about access to appointments and space available care will come through local health clinics as each facility begins its implementation program.

After completion of the training and full implementation of AHLTA, the desire for paperless medical records will be realized and legible, easily accessible documentation will be available. Patients can assist in this transition by scheduling appointments now for chronic health issues and wellness type appointments, like physical exams or PAP smears. Utilize the available appointments now versus waiting until mid-April through July when appointments will be limited.

Sigma from Page 1

production, waiting time, transportation, over-processing, inventory, motion and scrap. By eliminating waste, quality is improved, production time is reduced, and cost is reduced.

“Six Sigma” is a management philosophy that applies two methods: DMAIC and DMADV. DMAIC is used to improve an existing business process by following five phases – define, measure, analyze, improve and control. DMADV is used to create new product designs or process designs and also involves five phases – define, measure, analyze, design and verify.

Combined, “Lean” and “Six Sigma” will achieve more predictable, mature and defect free performance.

Six Sigma identifies key roles for successful implementation. One role will be filled by contracted civilians who will train unit personnel to become project sponsors, green belts, black belts or master black belts in the coming year. Combined, these roles facilitate the application of Lean Six Sigma and improved business practices throughout an organization.

According to U.S. Army Col. Kevin C. Hawkins, 8th U.S. Army, Assistant Chief of Staff, Resource Management (G8), “The 8th U.S. Army has invested significant resources to jump-start Lean Six Sigma here in Korea to meet the intention of the Secretary of the Army. It has the buy-in and full support from the commanding general and other senior leaders.”

8th U.S. Army is moving out smartly with Lean Six Sigma. According to Major Pak, Chief, Business Transformation, 8th U.S. Army, Assistant Chief of Staff, G8, “The plan is to ramp up during FY06 by developing certified Subject Matter Experts then work towards achieving FY07 savings.”

In fact, it has already begun. Over 40 leaders, including six general officers, participated March 6 and 7 in Lean Six Sigma executive overview sessions. March 8 to 10, black belt candidates and leaders will develop a charter that outlines project selection (the priorities) and expectations. Black belt training begins March 27.

AD

Bonifas Soldiers serve 'in front of them all'

By Pfc. Fay Jakymec

Eighth U.S. Army Public Affairs

CAMP BONIFAS -- At Camp Bonifas, located 400 meters south of the southern boundary of the demilitarized zone, the Soldiers of the United Nations Command Security Battalion live and work in the shadow of one of the last heavily militarized areas in the world.

These Soldiers provide security escorts for tour groups and dignitaries going through the Joint Security Area, and also conduct security operations within the JSA.

Located inside the demilitarized zone, the JSA is the location of the offices where meetings are held between members of the United Nations and the Korean People's Army. Also called Panmunjom or "Truce Village," the JSA straddles the Military Demarcation Line. The MDL separates North Korea from South Korea and bisects the buildings located on the line.

Assigned to the JSA are 230 U.S. Soldiers and 350 Republic of Korea



Sgt. Andrew Hubbard begins a briefing at Camp Bonifas before the tour group departs for the Joint Security Area.



Sgt. Andrew Hubbard of the United Nations Security Battalion, answers questions inside Building T-2, one of the buildings on Conference Row. T-2 is the building where talks are held between the UN Command and North Korea

servicemembers. Soldiers stationed at the JSA are handpicked and have to go through a rigorous interview process.

"It weeds out the people that don't want to be up here primarily and the people that you wouldn't want to be up here. It's kind of nice being the cut above and everybody around you is competent, so you're secure in that and you're secure with everybody around you so you're completely comfortable if anything happens," said Sgt. Andrew Hubbard, UNCSB, security escort.

Soldiers are required to go through an interview process with the sergeant major and colonel of the battalion, and are also required to qualify expert with

the M16A2 rifle and the M9 pistol. The Soldiers serving at the JSA also have an infantry Military Occupational Specialty.

However, the training does not stop once the Soldier arrives at the JSA.

"We do a lot of ranges ... every other week if not twice a month. It's very rigorous to stay up here with the training. You have to maintain the standard, you have to maintain your arms and you have to continually train," said Sgt. John Dodson, UNCSB, security escort.

In addition to their security duties of escorting tour groups into the JSA, their job is unique because they also give lectures on the history of the area.

"You have to know everything about the history up here because you get asked a lot of questions about things that might not be on your brief. There are about 40 pages of things that you have to memorize," said Dodson.

While the facilities at Camp Bonifas might not be the ideal for many Soldiers — the Post Exchange at Camp Bonifas is about half the size of a regular Shoppette — the living conditions suit many of those assigned there.

"I look at the being isolated thing as an easy way to save money for the year," said Hubbard. "The good thing is the morale stays high up here no matter what disadvantages you see. Because of the tough selection process, everyone up here wants to be here. You don't hear much carping or complaining about being up here."

The exceptional part of the JSA duties, besides the remote location, is that on a daily basis the Soldiers there face their enemy.

Although an armistice was signed July 27, 1953, the armistice did not end the war; it merely called for a temporary end to the fighting. Despite the armistice, there have been several incidents since then.

The most famous is the 1976 axe murders, when members of the Korean People's Army attacked an unarmed United Nations Command detail that was trimming a tree inside the JSA. Camp Bonifas, which was called Camp Kitty Hawk at the time, was renamed in 1986 in honor of Capt. Arthur Bonifas who was

See JSA, Page 7

Area I Red Cross teaches live-saving skills

By Margaret Banish-Donaldson

Area I Public Affairs

CAMP RED CLOUD – Now that warm weather has reached Korea, families will be playing with their children and spending more time outdoors. While spring and summer are times for fun, it is also the time when the most accidents involving children can occur.

Attendees at a Red Cross class at Camp Red Cloud March 9 learned how cardiopulmonary resuscitation could save a child's life. Registrants were provided the knowledge and skills necessary to prevent, to recognize and to provide basic care for breathing and cardiac emergencies in children and infants until advanced medical personnel arrive.

The three-hour course consisted of lecture and practice on child mannequins and management of foreign-body airway obstruction for children and infants.

"As an individual, it is crucial to know how to perform CPR, a combination of rescue breathing (mouth-to-mouth resuscitation) and chest compressions on a child in the event of an emergency," said Capt. Clifton Kyle, Headquarters and Headquarters Company, 2nd Infantry Division,



Capt. Clifton Kyle, Headquarters and Headquarters Company, Second Infantry Division, explains to Natalia Lyons how to give abdominal thrusts to a choking victim, played in this exercise by Minnie Richardson, at the Red Cross child and infant CPR class March 9.

and instructor for the class. "When performed correctly, CPR can save a child's life by restoring breathing and circulation until advanced life support can be given by medical care providers."

Kyle learned how to do CPR because his sister, Shon, had a premature baby 24 weeks earlier

than expected. The baby started to have seizures. His sister performed CPR and then took the baby to the hospital. The doctor said had Shon not known how to do CPR on an infant Payton, now 3 years old, would not be alive today.

Kyle began the class by teaching the attendees to "check, call and care."

1. Check the scene to make sure it is safe to enter so a person doesn't get hurt.

2. Find out if anyone else is around to help and to call 911 on post or 119 off post.

3. Tap, don't shake, on the shoulder of the child and ask if he or she is OK.

"If an unconscious victim cannot respond, a person can help them anyway on the grounds of implied consent under the Good Samaritan Law," Kyle said. "However, if the victim is conscious and can respond, a person needs to ask their permission first to help them."

The Good Samaritan Law, as it is known, is a legal principle that prevents a rescuer who has voluntarily helped a victim in distress from being successfully sued for "wrongdoing." Its purpose is

See CPR, Page 7

NEWS & NOTES

Education Program Specialist Available

Education Program Specialist Gloria Prince is available if anyone needs assistance regarding Alcohol and Drug Abuse Prevention Training or professional assistance. For information, call Prince at 730-4144.

Substance Abuse Program Inspections

The Army Center for Substance Abuse Programs from Alexandria, Va., will be inspecting Army Substance Abuse Programs in Warrior Country the week of April 24. Brigade-level alcohol and drug control officers will be contacted to identify company-level units and unit reps who will participate in the inspection.

USFK Information Assurance Conference

The annual U.S. Forces Korea Information Assurance Conference will be held April 25-28 at the Osan Air Base Officer's Club. For information, call 725-8213.

Sgt. Audie Murphy Club

Anyone interested in becoming a member of the Sgt. Audie Murphy Club or any current member looking for activities to get involved in with the club, is encouraged to call Master Sgt. Chris Patterson at 732-7999.

CID Reward

The Criminal Investigation Division is offering a \$250 reward for information leading to the apprehension and conviction of person(s) responsible for the larceny of two Dell Laptop Computers Model D600 and D610 (serial numbers HZC4761 and GZH5L81, respectively) from Building S-280 on Camp Red Cloud between Jan. 28-31. All information will remain confidential. For information, call CID at 732-7053.

TRICARE Briefings

Learn about medical benefits and services available in Area I from a trained TRICARE representative the first Tuesday of each month from 10 – 11 a.m. at the Camp Casey Theater or 1 – 2 p.m. Camp Red Cloud, Bldg. S-7. E-mail yong.lee@amedd.army.mil or call 736-8070 for information.

St. Patrick's Day Special

Camp Red Cloud Mitchell's Club is offering a corn beef and cabbage dinner special for \$9.95 from 5 to 8 p.m. Friday. Door prizes will be awarded for wearing green.

Women's History Month Round Table

A Women's History Month round table will be held 11:30 a.m. – 1 p.m. March 23, at Camp Casey Primo's Gateway. This year's theme is "Women: Builders of Communities and Dreams." The event will showcase prominent women that are the driving force in the communities of Uijeongbu and CRC enclave.

Nutrition Month promotes healthy living

By Margaret Banish-Donaldson

Area I Division Public Affairs

CAMP CASEY – March is National Nutrition Month and this year's theme "A Common Sense Approach" deals with good nutrition to help reduce the risks of heart disease and stroke.

Colorful "shelf talkers" are sprouted up on many commissary aisles to help shoppers make smart choices from every food group to assist in healthy eating.

"A diet low in saturated fats helps to reduce blood cholesterol levels," said Kenneth Cobb, health promotion coordinator. "Large deposits of cholesterol on the walls of the arteries can clog and block them, which can cause a heart attack or stroke. Also, by maintaining a healthy diet a person can reduce the risk of developing osteoporosis, diabetes, high blood pressure and some digestive disorders."

A healthy diet includes fibrous food, a good source of calcium and foods low in sugar, salt and fat. By eating a range of foods, the body can get all the nutrition it needs without the calories and fat.

Fruits and vegetables contain a lot of water and fiber that can quickly fill a person up. Better yet, they are low in calories and high in fiber, vitamins and minerals. Cobb suggests super-sizing these foods much like you would fast food. Rather than cutting back, eat more fruits and vegetables like broccoli, green beans, leafy greens, zucchini, cauliflower, cabbage, carrots and tomatoes.

"The nutritional value of frozen,



MARGARET BANISH-DONALDSON

Jose Gonzalez, Camp Red Cloud commissary manager, sets up a display for March nutritional month showing customers how to make healthy choices when shopping at the commissary.

canned and dried fruits and vegetables, however, are comparable to that of fresh — plus they offer the benefits of longer shelf life," said Jose Gonzalez, Camp Red Cloud commissary manager.

"Furthermore, low-glycemic foods, such as carrots and apples, are absorbed more slowly, making a person feel full longer and reducing cravings, which help with weight loss," Cobb said. "And, for those people trying to lose weight I recommend eating fish because it is a lean, low-calorie meat and has a great source of protein. It contains a type of fat called omega-3; the healthy fat that scientists say raises the good HDL cholesterol and lowers the bad triglycerides."

In addition, the U.S. Department of Agriculture's latest food guide,

"MyPyramid" (<http://www.mypyramid.gov/>) is a basic road map to making healthier food choices. It is not a diet plan. It is a plan for healthy eating. MyPyramid is a visual illustration of suggested healthy eating habits and physical activity.

Unlike the older model, food groups are arranged in vertical bands instead of horizontal ones. Band width indicates portion size. The wider the band, the more food from that group a person can eat.

"It's not that hard," Gonzalez said, "to figure out what is healthy to eat. The hardest part is making up one's mind, understanding that this is something that I am going to do for the rest of my life."

E-mail banishm@korea.army.mil

Annual national prayer breakfast held at Camp Casey

By Margaret Banish-Donaldson

Area I Division Public Affairs

CAMP CASEY – About 200 2nd Infantry Division and Area I Soldiers gathered March 8 at Camp Casey Warrior's Club to nourish their spirits and bodies with a prayer breakfast.

Soldiers listened to keynote speaker Dr. Kim Sang-bok, theologian and pastor, talk about rejoicing and being thankful in prayer. He explained he was born and raised in North Korea until the age of 11. He said there were 3,000 churches in North Korea during that time. Now, there are none.

Kim said he has witnessed "miracles" made possible by the power of prayer. He recalled when he was 10 years old and came home and heard people crying, weeping and shouting in their house. A neighbor said your five-year-old brother was dead. He was just laying there.

Kim said he fell on top of him. He cried and asked God, "how he could take my younger brother away?" He prayed and prayed over him and finally heard him breath and saw him open his eyes.

"I ran away," Kim said. "What did I do? I didn't know what had happened that day, but I did learn about the power of God in prayer."

Kim then recalled how one day it was raining so hard and they had to go to church. He and his sister prayed, and the rained stopped.

"I feel that my prayers were answered because I believe in prayer," Kim said. "I pray. I pray for strength, I pray for guidance, I pray for forgiveness. And I pray to offer my thanks for a kind and generous almighty God."

A year later when Kim was 11 years old, he went home

and found his suitcase was packed. His mother said he and his brother and sister were going away because of the war. After arriving in Busan, Kim asked his brother when they would return home. He said when the war is over. The war never ended.

"When I turned 15 I wanted to go to high school in Seoul," Kim said. "My brother told me we don't have the money. I took my backpack and went on the train to Seoul. When I got off the train I started to walk and walk, and pray and pray."

Finally, Kim came across a two-story building and knocked on the door. Two college professors lived there. He told them how he wanted to take the test to go to school in Seoul, but didn't have any place to stay. The men allowed him to stay there so he could take the high school test.

After scoring very high on the test, Kim went to see the principal at the school. He told him he didn't have any money, but wanted to go to school there. Once again prayer worked, Kim said. He was allowed to go to school.

Later on in life, when Kim wanted to go to the United States without money to work on his doctorate, he prayed and once more his prayers were answered.

However, Kim didn't see his family again until 36 years later. By that time his father had died, but his mother and other brothers and sisters were still living in North Korea. Since that time Kim has seen them six times. The last time, though, he was not allowed to see his one sister. He was only a few steps away from the apartment building where she lived, but the North Koreans said no.

"I was thankful for the times I have seen them," Kim said. "I was rejoiced and thankful. My prayers were answered."

Army changes Tattoo policy

By J.D. Leipold

Army News Service

WASHINGTON – The Army has revised its policy on tattoos in an effort to bolster recruitment of highly-qualified individuals who might otherwise have been excluded from joining.

Tattoos are now permitted on the hands and back of the neck if they are not “extremist, indecent, sexist or racist.” Army Regulation 670-1, which was modified via a message released Jan. 25, also now specifies: “Any tattoo or brand anywhere on the head or face is prohibited except for permanent make-up.”

For women, allowable make-up would be permanent eye-liner, eyebrows and makeup applied to fill in lips, officials said. They said permanent make-up should be conservative and complement the uniform and complexion in both style and color and will not be trendy.

The change was made because Army officials realized the number of potential recruits bearing skin art had grown enormously over the years.

About 30 percent of Americans between the ages of 25 and 34 have tattoos, according to a Scripps Howard News Service and Ohio University survey.

For those under age 25, the number is about 28 percent. In all, the post-baby-boom generations are more than three times as likely as boomers to

have tattoos.

As a result of tattoo attitude changes, Army Regulation 670-1, chapter 1-8E (1) has been modified via an ALARACT 017/2006 message.

Additionally, paragraph 1-8B (1) (A) was revised to state: “Tattoos that are not extremist, indecent, sexist or racist are allowed on the hands and neck. Initial entry determinations will be made according to current guidance.”

The Army has never allowed indecent tattoos on any part of the body, G1 officials pointed out.

The new policy allows recruits and all Soldiers to sport tattoos on the neck behind an imaginary line straight down and back of the jawbone, provided the tattoos don’t violate good taste.

“The only tattoos acceptable on the neck are those on the back of the neck,” said Hank Minitrez, Army G-1

“As long as tattoos do not distract from good military order and discipline and are not extremist, racist, sexist or indecent they’re permitted.”

Human Resources Policy spokesman. “The ‘back’ of the neck is defined as being just

under the ear lobe and across the back of the head. Throat tattoos on that portion of the neck considered the front, (the ear lobe forward) are prohibited.”

Soldiers who are considering putting tattoos on their hands and necks, should consider asking their chain of command prior to being inked.

“While the Army places trust in the integrity of its Soldiers and leaders, if a Soldier has a questionable case

regarding tattoos, he or she should seek the advice of the local commander through the chain of command,” added Minitrez.

Should a Soldier not seek advice and have tattoos applied that aren’t in keeping with AR-670, the command will counsel the Soldier on medical options, but may not order the Soldier to have the tattoos removed. However, if a Soldier opts not to take the medical option at Army expense, the Soldier may be discharged from service.

The U.S. Coast Guard has a limitation on the size of a tattoo in percentages of a given area that will not exceed 25 percent of the space between wrist and elbow, knee and ankle, but it does not allow tattoos on the hands or neck.

The Army’s new policy, however, does not mean Soldiers should rush out and have the backs of their necks or their hands entirely covered in decorative art, Minitrez said.

“The Army does not have a percentage policy for tattoos,” Minitrez said. “As long as tattoos do not distract from good military order and discipline and are not extremist, racist, sexist or indecent they’re permitted.”

If a Soldier’s current command has no issue with his/her tattoos, the Soldier should have personnel files so notated that the Soldier is in line with AR-670, officials said. Though not mandatory, having the notation entered serves as back-up documentation at a follow-on command which might feel the Soldier’s tattoos don’t meet Army regulations.

JSA

from Page 5

killed during the incident.

The most recent skirmish occurred in 1984 when a Soviet citizen on a North Korean tour to the JSA defected to the South Korean side. One member of the UNC was killed in the ensuing firefight, which lasted roughly 20 minutes.

With these incidents freshly in mind, it can sometimes be disconcerting for the Soldiers who stand face to face with their enemy.

“I remember when I first got here, it’s a surreal feeling the first time you go up to the JSA and you see the (Korean People’s Army). After that, no one really gets complacent, but you’re able to kind of tune out the fact that you’re there and once you get used to that fact, then you’re able to tune in to more minute things that are going on and pay attention to more subtle things that might be going on with the KPA,” said Hubbard.

While there have not been any confrontations since 1984, the possibility is always there.

As Dodson points out, “Korea is the third ‘hot spot’ in the entire world. You have Iraq, Afghanistan and Korea. We are the first line of defense in the Republic of Korea.”

This unique situation requires the Soldiers to walk a fine line, as their actions could have significant repercussions.

“I think the Soldiers realize that we are part of something bigger than ourselves. In our small battalion we can have an impact in Northeast Asia and an even bigger impact if we do something wrong,” said Lt. Col. Paul Snyder, UNCSB commander.

As a first line defense against possible aggression from North Korea, the Soldiers of the UNCSB are definitely “in front of them all.”

E-mail banishm@korea.army.mil

CPR

from Page 5

to keep people from being so reluctant to help a stranger in need for fear of legal repercussions if the person offering aid makes some mistake in treatment.

Next, Kyle explained to the students the ABCs of CPR:

A is for airway

The victim’s airway must be open for breathing to be restored. The airway may be blocked when a



Brandon Song, kneels down and places a breathing barrier on a child mannequin before he begins the mouth-to-mouth resuscitation at the Red Cross child and infant CPR class March 9 at Camp Red Cloud.

child loses consciousness or may be obstructed by food or some other foreign object.

Participants learned how to open the airway and to position the child so the airway is ready for rescue breathing. If a person believes an infant or child has choked and the airway is blocked, participants learned what to do to clear the airway.

B is for breathing

Rescue breathing is begun when a person isn’t breathing. A person performing rescue breathing is essentially breathing for the victim by forcing air into his or her lungs. This procedure includes breathing into the victim’s mouth at correct intervals and checking for signs of life.

Participants practiced correct techniques and procedures to give mouth-to-mouth resuscitation to infants and children.

C is for circulation

Sometimes, rescue breathing alone is enough to keep a child alive until help arrives. However, if a person properly administers rescue breathing, but still sees no other signs of life, chest compressions are needed to start circulation.

This procedure involves pushing on the chest to

help circulate blood and to maintain blood flow to major organs. Chest compressions should be coordinated with rescue breathing. Participants performed chest compressions in the infants and children and how to coordinate the compressions with rescue breathing.

After receiving instruction, everyone took turns practicing CPR techniques on child and infant mannequins to show what they learned before receiving their certificates.

“I learned the basic procedures for infant and child CPR, but written instructions cannot take the place of proper training and practice,” said Natalia Lyons.

“... CPR can save a child’s life by restoring breathing and circulation until advanced life support can be given by medical care providers.”

Capt. Clifton Kyle,
CPR instructor

course in case of an emergency. I’m glad it was offered here at CRC.”

Additional courses are available by contacting the Red Cross office at CRC or Camp Casey.

E-mail banishm@korea.army.mil

Motorcycle club invites new members

Club promotes trips around Korea

Area II Public Affairs

YONGSAN GARRISON — Every Saturday morning throughout the year, 25-30 enthusiastic Yongsan Motorcycle Club members gather outside the Town House Food Court and prepare to go on motorcycle rides throughout Seoul and other areas in Korea.

The club has more than 60 active members. The bikers are servicemembers, retired military, civilians, contractors, family members, Koreans and foreigners.

"We have lots of fun as we explore new routes and experience the fascinating scenery of the Korean countryside," said Jerry Casey, YMC vice president. "YMC members have many years of safe riding experience in Korea and offer camaraderie, motorcycle mentorship, safety and long-lasting memories from various rides throughout Korea."

Casey said interested people should come and join them and "have fun riding safely and responsibly in large and small groups."

The YMC has been around since the early 1980s. The club operates in Area II as a private organization. Club membership is free. The organization is open to motorcycle owners with a 450cc engine or larger, regardless of make or model.

"This is required to ride safely in a group riding," Casey said. "YMC promotes safe and responsible motorcycle riding."

The club also organizes day and overnight group rides throughout Korea.

"We take pride in supporting numerous other community projects throughout the year on and off the installations," said Don Clarke, YMC president.

Besides supporting Korean businesses and other U.S. and Korean bike clubs, the YMC supports community events like the Fourth of July and Columbus Day parades,



COURTESY PHOTO

Yongsan Motorcycle Club members leave Seoul for a weekend ride.

the Area II Auto-Bike Show, Combined Forces Command Organization Day and the Veterans Day Ride.

The group also sponsors a local orphanage and motorcycle shop. The members are active participants in the Korean Association of Retired Persons and the "HI-Seoul" City Festival.

The YMC works closely with the Area II Safety Office and participates in the Area II traffic safety program by being a conduit for positive education, mentorship, publicity, and awareness for the riding community, Clarke said.

The club offers a new motorcycle mentorship program, where less-experienced and seasoned riders work together in a supportive environment of responsible motorcycle riding and enjoyment.

All members must have a Motorcycle Safety Foundation Rider-Course completion card, a USFK driver's license with motorcycle endorsement and maintain insurance, as required by Korean and U.S. law.

See **Motorcycle**, Page 12

Korean children visit K-16 Air Base

By Staff Sgt. Nathan Meeks

595th Maintenance Company

K-16 AIR BASE — Soldiers and family members of the 595th Maintenance Company "Ruffnecks" hosted 35 Korean teenagers and teachers from the Seongnam Children's Club Feb. 24 at K-16 Air Base.

The 595th Maint. Co. Good Neighbor Program coordinated the event to increase good relations between the U.S. military and the surrounding community.

"The children were a little shy at first, but later they opened up and we connected very well," said Pfc. Shandi Porter, who volunteered to conduct the tour.

The group arrived at 11 a.m. and paired off with Soldier volunteers for a K-16 tour. The group visited the 595th Maint. Co., the gymnasium, Community Activities Center and barracks.

See **Visit**, Page 12

Army Family Team Building holds open house

By Sgt. Seo Ki-chul

Area II Public Affairs

YONGSAN GARRISON — Yongsan Army Family Team Building threw an open house March 3 to help build program awareness.

Nearly 30 program supporters visited Yongsan's Army Community Service for cake and refreshments, and to help spread the AFTB message.

"I've only been here a few weeks, so I wanted to have this opportunity to inform the public about all these great programs," said AFTB Coordinator Reta Mills.

The program is a volunteer-led organization that provides training and knowledge to spouses, family members and civilians by offering classes about military customs, terms, acronyms, leadership, time management and financial management skills.

"It offers courses for people interested in learning more about the military lifestyle," said Mills. "This is an excellent opportunity to increase public awareness of our staff and our programs."

The role of volunteers is crucial in managing the program.

"Volunteers are the backbone of the AFTB

program," Mills said. "All of the AFTB programs are taught by volunteer instructors trained and certified through the AFTB program. They set up classes, teach modules, conduct briefings and teach others to become instructors."

In AFTB, there are three basic levels to help Army family members be self-sufficient leaders within their communities.

■ Level I classes focus on basic skills and knowledge needed to live the military life.

■ Level II courses allow people to grow into community leaders.

■ Level III classes inspire and mentor beginning leaders.

"Our ultimate goal is to make people take all three levels and become an instructor in our program," Mills said. "That allows people to teach and empower one another with leadership skills learned through AFTB courses."

Many participants said they would like more family members to learn the skills and knowledge needed to live a military lifestyle.

"I think it's a pretty good program," said Sgt. Keri Davis, United Nations Command Honor Guard. "A lot of family members don't know what's going on in the military

and how it works. This is a good way for them to learn a lot about the military community and find out how volunteering helps."

Davis said being a volunteer could be a stepping stone to a better future.

"As a volunteer, you can get in certain things better and have better credentials to build a better life," Davis said.

Mary Ward, an AFTB master trainer, said classes are open to the public.

"If you got this training in the business world, it would cost you hundreds of dollars per class," Ward said. "We teach these classes for free."

Ward said she wants to give family members the skills and knowledge they need to take care of themselves.

"We teach them how to be self-reliant without having to constantly call on their Soldier to take care of things for them," she said.

Anyone interested in the program may visit the AFTB office 8 a.m. 5 p.m. at room 221 in the ACS building. For information, call 738-3617.

E-mail kichul.seo@korea.army.mil

NEWS & NOTES

Local Cadet Makes List

The U.S. Military Academy named Cadet Tiffany Davis, daughter of Steven and Yong Davis, to the Dean's List for the fall semester covering August through December. Davis graduated from Seoul American High School in 2002. She plans to graduate from West Point in 2007 and be commissioned a second lieutenant in the U.S. Army.

ACU Sewing Service

Beginning April 3, enlisted Soldiers can take their new Army Combat Uniform to the Area II Sewing Center for embroidery of name and U.S. Army tape with Velcro only. Unit supply forms must be presented for the free service. The sewing center is in Building 5275. For information, call 723-7921.

'Harvey' comes to Yongsan

The comedy play "Harvey" will be staged 7:30 p.m. Thursday-March 25 and 2 p.m. March 26 at the Moyer Music Theatre. The Pulitzer Prize-winning play is about a mild-mannered man who just happens (he says) to have an invisible friend resembling a 6-foot rabbit. For information, call 723-5721.

Family Walk and Run

Support the Family 5-kilometer "Walk and Run" April 1 at Collier Field House in recognition of Child Abuse Prevention Month and Month of the Military Child. Register between 8:30 - 9:30 a.m. The event starts at 9:30 a.m. The first 150 kids will receive a free "Proud to be a Military Kid" water bottle and the first 300 participants will receive free T-shirts. For information, call 738-8861.

Family Readiness Group

An FRG briefing will be held 10:30 a.m. Thursday at the Eighth U.S. Army Van Fleet Room for Area I, II and III FRG leaders, volunteers, liaisons and unit cadre leadership. For information, call 738-7505.

Upcoming MWR Events

■Seoul City Tour, 7 p.m. Saturday, Moyer Community Service Center
■Radio Control Street & Dirt Track Rally, Saturday and Sunday, K-16 Arts & Crafts Center
■Incheon Tour, 10 a.m. March 25, Moyer CSC
For information, call 738-5254.

JROTC Scholarships

Seoul American High School Junior Reserve Officer Training Corps cadets may win one of five \$1,000 scholarships offered by the Yongsan Sergeants Major Association by writing a 300- to 400-word essay. This year's theme is "Why I want to be a Military Leader." JROTC students must be seniors to apply. For information, call 738-4138.

Korea Telecom Upgrade

Korea Telecom is upgrading Internet service on Yongsan Garrison to provide faster connections. KT will be contacting customers to replace modems in quarters. Customers may also call (02) 3785-0491.

Ash Wednesday Services

Stations of the Cross will be conducted at Memorial Chapel 5 p.m. Fridays through April 7. For information, call 738-3011.

School celebrates Dr. Seuss birthday

By Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN GARRISON — "In Area II the kids were blue; there wasn't much for them to do. But Vicki Viallo spoke after a swallow, swore she would lead and not follow: 'There's no excuse for this abuse. We've got to read some Dr. Seuss!'"

The National Education Association celebrates "Read Across America" every year to expose kids to the joy of reading.

Vicki Viallo, of course, is the librarian who coordinated much of the Seoul American Elementary School March 2 celebration.

"It's always important, because if you show kids that reading can be fun, then they'll read more," Viallo said. "Reading is the foundation of all learning."

Dr. Seuss, the much beloved children's author, celebrated his 102nd birthday throughout SAES by getting children and adults involved in fun activities in honor of the famous writer.

Theodor Geisel, known to the world as Dr. Seuss, wrote and illustrated 44 children's books including "The Cat in the Hat" and "How the Grinch Stole Christmas." His books were translated into 15 languages and have sold over 200 million copies worldwide. Geisel died in 1991.

"When Dr. Seuss started writing children's books in 1938, he was inspired by the rhythm of cruise ships moving through the water," Viallo said. "One of his most famous books, 'Green Eggs and Ham,' is the result of a bet that he couldn't write a book using less than 50 words. There are only 49 different words in that book."

Viallo dressed up in a full-body Cat-in-the-Hat suit, complete with bow tie and painted whiskers. She said her favorite Dr. Seuss book is "Happy Birthday to You" because it is one of the first books she ever read.

Dr. Seuss is so popular that his books are a cornerstone of primary education even today.

"To think, at first no one liked his books because they thought



SGT. CHRISTOPHER SELMEK

District Superintendent Charlie Toth reads to children in Chenna Culver's second-grade class as part of Dr. Seuss' March 2 birthday celebration. they were too complicated for beginning learners," said second-grade teacher Chenna Culver. "Back then, all they had were 'Dick and Jane' books that didn't really capture the children's interest. Of course, now Dr. Seuss is one of the greatest children's authors of all time."

See Birthday, Page 12

Students simulate United Nations at forum

By Pfc. Lee Yang-won

Area II Public Affairs

YONGSAN GARRISON —

Thirteen Pacific region high schools sent delegations to participate in a Far East Model United Nations Conference March 5-6 at the Dragon Hill Lodge.

The forum gave students an opportunity to act as delegates and diplomats.

Seoul American High School hosted the annual event that included as many as 10 delegates each from Department of Defense Dependent Schools in Korea, Japan and Guam.

"Kids get to explore the possibilities of going into the foreign-service regarding diplomatic and military duties," said Brandi Johansen, Model United Nations

conference director. "It's an opportunity unlike any other opportunity a high school student could experience."

Topics included Internet governance, the future of Iraq, refugee status, sanctions against North Korea, poverty eradication and health care.

Students sat on four different councils: security, economic, social and legal. Each student endeavored to reach a resolution for the topic, as would real members of the United Nations.

"Delegates have to say what their country would do," said Jennifer Anderson, Model United Nations Secretariat. "They need a general background of all the other countries stances as well as their own."

"You feel a lot of anticipation during the conference," said Jason Baek, "Bangladesh's" delegate from Pusan American School. "As you get used to the atmosphere, you gain confidence and feel comfortable."

This was Anderson's third year participating in the conference, but her first as a host secretariat.

"The past few months were really hectic," Anderson said. "We had to contact schools to make sure their delegates turn in their position paper prior to the conference, we had to set up our own press corps and we had to coordinate Dragon Hill Lodge conference rooms."

Guest Speaker Col. Kevin Madden, United Nations Command Military Armistice Commission, said the conference would be a great head start for students who will pursue international relations, government and political science.

"It is a great opportunity for young kids to achieve immediate understanding to do international negotiations and crises management," Madden said.

He encouraged students to understand that each country has a different perspective and their own legacy.

"Understanding multiple agendas is going to be complex and very bureaucratic, but essential," Madden said. "If you stick with them and work hard with them, you're going to bring your idea to fruition."



PFC. LEE YANG-WON

Students act as delegates in a "United Nations Security Council" at the Dragon Hill Lodge

E-mail yangwon.lee@korea.army.mil

Kindergartners celebrate 100 days

First formal education days make life-long impression

By Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN GARRISON — Seoul American Elementary School kindergartners celebrated their 100th day of school March 3 by cozying up to the number 100 in everything they did.

Teachers found creative ways to fit the number 100 into lesson plans. One hundred tablespoon measurements allowed them to practice their science skills, while one hundred numbers and letters showed how far they had come in learning to read and write.

"This is their first 100 days of school ever," said Celeste Wilkerson, kindergarten teacher. "They've worked hard to get to this point and come a long way. They deserve to have a good time."

The students' projects were fun, but each had an educational background.

"We're staying within our Department of Defense Education Activity standards for every activity we did today," Wilkerson said. "Alphabet, numbers, tablespoons and even hula hoops for physical education are all areas we try to focus on throughout the year."

The whole week was filled with



Sgt. Christopher Selmek

Julian Ruiz stands at the front of a line of kindergartners celebrating their 100th day of school March 3 at Seoul American Elementary School.

activity. Students took a field trip Monday and celebrated Dr. Seuss' birthday Thursday.

"They've been looking forward to this for a long time," said Joanie Rasmussen. "Every day since their very first day of school, we've been counting down the numbers till today. Now they feel like they've reached a milestone, and they're right."

Many of the teachers were amazed what a difference 100 days can make.

"Those first 100 days are the most

important part, where you learn what it's like to be at school, to make friends and start the process of learning," said Ruth Ann Emery. "Everything you need to learn, you learn in kindergarten,"

Many of the students felt the same.

"On the first day we couldn't do anything," said kindergartner Jordan Rush. "Now we can go outside and have fun."

E-mail christopher.m.selmek@us.army.mil

Area II announces Youth Summer Hire Program

Area II Public Affairs

YONGSAN GARRISON —

The Area II Civilian Personnel Advisory Center has announced session dates for the 2006 Youth Summer Hire Program.

The program introduces eligible Area II family members to federal employment and also provides commanders and managers with additional resources during traditional staff shortage periods during summer months.

Participating college or high school students must be military or civilian family members living in Area II and be eligible for Status of Forces Agreement support. They must also have a valid Social Security number.

The session for college students is May 15-Aug. 18. High school students may apply for a June 26 - July 21 or July 24 - Aug. 18 session. Students may work one session only.

The registration deadline is April 20. Applications will be accepted from eligible U.S. citizen and non-U.S. citizen family members of Department of Defense sponsors, including homeschool students certified by the Department of

See **Summer**, Page 12

Visit

from Page 9

One English teacher, Lee Che-ang, got the opportunity to climb into a Heavy Expanded Mobility Tactical Truck and to start the engine.

After a pizza party at the K-16 CAC, the group played basketball, tennis, pool or X-box games.

"I really enjoyed arranging these programs with the Korean children so that they can see the other side of the U.S. military instead of just what they hear in the news," said Cindy Ventrees, USO community relations assistant. "Everyone enjoyed the time spent and the children

definitely got a better look at K-16 and the Soldiers that work there."

Several students performed a Korean drum demonstration at the gymnasium. The crowd applauded loudly and demanded an encore following Chun Sang-woo's singing "Country Scenery," a traditional Korean folk song.

"The Soldiers saw off the students and teachers and everyone took lots of pictures to remember the day by," said Lee. "Everyone was extremely happy to come together and share cultures and experiences."

Motorcycle

from Page 9

"We're in support of the command emphasis on safety and fostering Korean and American relations," said Sam Berry, YMC safety and maintenance officer. "This is our way, as the Yongsan Motorcycle Club meets and rides with local Korean clubs and shares U.S. riding experiences."

Berry said members also learn about Korean riding experiences and specific safety concerns while riding in Korea. He added that the club makes riding in Korea a more safe and enjoyable experience for all motorcyclists.

In 2005, YMC coordinated numerous combined U.S. and Korean motorcycle rides with the sponsorship of a Seoul motorcycle shop.

The club brings together U.S. and Korean motorcyclists from across the peninsula for joint rides, rallies and events.

The group sponsored one of the largest U.S. and Korean rallies with over 250 bikes and 400 participants in September 2005. For 2006, Scott

Steuerwald, the YMC road captain, has plans for more than 50 scheduled rides with five weekend rallies and 10 overnight trips ranging from Busan to the Demilitarized Zone, as well as both coastal areas.

Over the Presidents Day weekend, more than 25 YMC members rode to the Vivaldi Ski Resort and spent the night skiing, snowboarding and enjoying the friendship of club members.

Steuerwald said they will continue to work closely with other U.S. and Korean clubs to ensure 2006 will be the safest year yet.

Starting in March, YMC will hold meetings the first and third Wednesday of each month at different Yongsan locations.

Some March events include a ride to Osan Air Base, a parts swap and a YMC membership drive March 18 at the Town House Food Court.

For information online, visit <http://www.roaddragons.com>, or e-mail ymc_roaddragons@yahoo.com.

Birthday

from Page 10

All classes invited adult readers into the classrooms throughout the day to read their favorite stories to crowds of eager children. District Superintendent Charlie Toth read "The 500 Hats of Bartholomew Cubbins," saying he enjoyed reading at the elementary school any time he had the opportunity.

In the kindergarten building, students read books such as "Bartholomew and the Oobleck" and "I Can Read With My Eyes Shut" before doing other things, such as making their own "oobleck" and

reading with their eyes shut.

"Dr. Seuss was a wonderful author," said Celeste Wilkerson, kindergarten teacher. "Were trying to incorporate all the learning areas into our games, like making green eggs and ham that involves a little science."

Vitallo said it was even simpler than that. "It's just a celebration of reading," she said. "It gets kids interested, and it's fun."

E-mail christopher.m.selmek@us.army.mil

Summer

from Page 11

Defense Dependent Schools.

Applications are available at the Seoul American High School, the Army Community Service Employment Readiness office and the Area II CPAC.

A detailed job announcement, application forms and other information are available at the Area II CPAC Web site at <http://8tharmy.korea.army.mil/G1/Cpd/Area2Cpac/default.htm>.

Area II on the Web

This week read an exclusive Web story about:

- K-16 Soldiers have paintball blast
- Seoul American Middle Schools holds drama festival

Visit <http://area2.korea.army.mil>

Korea units, personnel dominate Army Outreach awards

Army News Service

WASHINGTON – Entries from Korea captured five of the 11 Army Outreach Awards for Excellence presented March 6-7 in Vienna, Va.

The top individual award, however, went to the public affairs officer at Hunter Army Airfield, Ga.; and the Special Award of Excellence went to the Army Environmental Policy Institute, in Arlington, Va.

Secretary of the Army Francis J. Harvey presented both of these awards March 7 after presenting the Army Journalist of the Year awards at the Army Worldwide Public Affairs Symposium.

Award of Distinction

Steven M. Hart of Hunter Army Airfield, was selected for the Chief of Public Affairs Award of Distinction for his understanding of the mission of Soldiers and civilians in supporting the Global War on Terrorism. He organized 118 community relations events through 2005 and was responsible for the Fort Stewart/Hunter Army Airfield community updates.

Special Award of Excellence

“Army Public Involvement Toolbox,” Army Environmental Policy Institute, was awarded for its partnering and communication, both within the Army and externally to the public. The toolbox program provides Army personnel with tools and methods necessary for creating and harboring an open relationship between Soldiers, civilians, families, neighbors and communities. Karen Baker accepted the award

for the institute.

Three categories

The Outreach Awards recognize the best of the Army’s worldwide public outreach initiatives in three categories: individual accomplishment (series of efforts), ongoing programs and special events.

The judging panel received 25 entries from major Army commands, the Installation Management Agency, field operating agencies and from direct reporting units.

Army Chief of Public Affairs Brig. Gen. Vincent Brooks presented the following awards to U.S. Forces Korea representatives March 6:

Individual Category Winners

1st Place – 1st Lt. Chang Suk Won of the 1st Heavy Brigade Combat Team; 2nd Infantry Division, Eighth U.S. Army, spearheaded two triumphs – the Dongducheon “Second to None” foreign language school and the division’s “Angel Run.” Through his programs and his unit’s closeness to the demilitarized zone Change reinforced the urgency of fostering positive community ties and in helping tremendously to sustain the ROK-U.S. alliance.

2nd Place –No Won Hyon, Community Relations Office, 19th Theater Support Command, Camp Henry, tirelessly ensured Soldiers experienced a continuous stream of tours, cultural activities and community events. Of the many activities he orchestrated throughout 2005, the two which stood out was the program he created to provide English language instruction to less than fortunate

Korean school children. He also coordinated with local television media to tell the Army story to more than 500,000 Korean citizens.

3rd Place –Capt. Sungjean P. Kim, chaplain, 307th Signal Battalion, 1st Signal Brigade, fashioned a highly publicized and comprehensive program between the battalion and the Samseong Won Orphanage which became a shining example of how well Soldiers and children can enjoy each others company. He was represented by a Capt. Marilisse Gonzalez at the ceremony.

Ongoing Programs Category

1st Place – “Team 19 Community Relations Program,” 19th Sustainment Command (Expeditionary), Eighth U.S. Army, ROK was selected for being the most comprehensive and integrated community outreach program and fosters positive relations which have resulted in increased support between the local Korean community and the Army.

Special Events Category

1st Place – “Community Leader Updates: June 14-15, 2005,” Fort Stewart/Hunter Army Air Field, Ga., was a new community relations approach in which base officials wanted to improve understanding by community leaders of the Army’s mission and how much the Army appreciates the support of its neighbors.

2nd Place – “Watchpup Olympics,” 8th Military Police Brigade, HQ, Eighth U.S. Army, was the culmination of a long-standing relationship between command Soldiers and the Sung Ro Won Orphanage which proved to be the experience of a lifetime.

Now Showing

March 17-23

AAFES
REEL
TIME

Now Showing At
Theaters in Korea

For more listings call, visit theaters or visit www.aafes.com online - schedules are subject to change

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEY 730-7354	Hostel R	Hostel R	Running Scared R	Running Scared R	Hoodwinked PG	Casanova R	Casanova R
HENRY 768-7724	Freedomland R	Freedomland R	Freedomland R	Casanova R	No Show	No Show	No Show
HUMPHREYS 753-7716	Running Scared R	Running Scared R	Running Scared R	The Last Holiday PG-13	The Last Holiday PG-13	Hostel R	Hostel R
HIALEAH 763-3120	Freedomland R	King Kong PG-13	Fun With Dick & Jane PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	Casanova R	Running Scared R	Casanova R	Hoodwinked PG	Running Scared R	Hostel R	Hostel R
KUNSAN 782-4987	16 Blocks PG-13	16 Blocks PG-13	Hostel R	No Show	No Show	No Show	Hostel R



Running Scared -- Two 10-year-old boys get their hands on a mob gun with which a cop was shot. The father of one of the boys must take to the streets in a desperate bid to recover the weapon before the mob finds out it's missing.



Hostel -- Two adventurous American college buddies, Paxton and Josh, backpack through Europe eager to make quintessentially hazy travel memories with new friend Oli, an Icelander they've met along the way. Paxton and Josh are eventually lured by a fellow traveler to what's described as a nirvana for American backpackers—a particular hostel in an out-of-the-way Slovakian town stocked with Eastern European women.



Hoodwinked -- Furry and feathered cops from the animal world, Chief Grizzly and Detective Bill Stork, investigate a domestic disturbance at Granny's cottage, involving a girl, a wolf and an axe. The charges are many: breaking and entering, disturbing the peace, intent to eat, and wielding an axe without a license. Not to mention, this case might be tied to the elusive "Goody Bandit" who has been stealing the recipes of goody shops everywhere.



The Last Holiday -- After being diagnosed with a fatal disease, a shy sales clerk goes on a European vacation to live out the rest of her life. With nothing to lose—or so she thinks—her behavior becomes more irreverent and outrageous each day, only to find out later she was misdiagnosed.



16 Blocks -- A troubled NYPD officer is forced to take a happy, but down-on-his-luck witness 16 blocks from the police station to 100 Centre Street, although no one wants the duo to make it.



Freedomland -- A white woman blames an African-American man for the death of her son, but a white reporter and an African-American detective think otherwise.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LONG 721-3407	When a Stranger Calls PG-13	No Show	The Family Stone PG-13	Ice Harvest PG-13	No Show	No Show	No Show
OSAN 784-4930	Underworld: Evolution R	Underworld: Evolution R	16 Blocks PG-13	16 Blocks PG-13	16 Blocks PG-13	16 Blocks PG-13	Hostel R
RED CLOUD 732-6620	Running Scared R	Hostel R	Grandma's Boy R	Casanova R	The Last Holiday PG-13	No Show	16 Blocks PG-13
STANLEY 732-5565	Hostel R	Hostel R	The Last Holiday PG-13	Hoodwinked PG	No Show	16 Blocks PG-13	The Last Holiday PG-13
YONGSAN I 738-7389	16 Blocks PG-13	16 Blocks PG-13	16 Blocks PG-13	Hostel R	Hostel R	The Last Holiday PG-13	The Last Holiday PG-13
YONGSAN II 738-7389	16 Blocks PG-13	Chicken Little G	Chicken Little G	Chronicles of Narnia PG	Chronicles of Narnia PG	Ice Harvest PG-13	Ice Harvest PG-13
YONGSAN III 738-7389	March of the Penguins PG	March of the Penguins PG	The Legend of Zorro PG	The Legend of Zorro PG	Syriana R	Syriana R	Syriana R



Are we at a stand off in our relationship with God?

By Chaplain (Capt.) Heather Landrus
702nd MSB

I was talking with a first sergeant about God the other day. It was a good conversation about finding God’s presence in everyday life.

But then, in the middle of the discussion, this same first sergeant paused and said, “Sometimes I just want to look up at God and ask him what he’s done for me lately!”

I was pleased with his honest admission. At one point or another, most people go through seasons in life when they cannot seem to find God’s hand moving on their behalf.

And just as I was getting ready to share this thought with my first

sergeant friend, he stunned me by adding to his earlier statement. He continued, “But, you know chaplain, if I ask God what he’s done for me lately ... then he’s bound to turn around and ask me the same question. And I wouldn’t have anything to say. I guess we’re at a stand off.”

I still smile when I think about this conversation. I didn’t need to give this first sergeant advice. He knew the problem and he knew his part in creating the problem.

He knew if he wanted God to be near to him, then he would have to draw near to God.

But this is a frightening proposal. After all, how many of us would volunteer to report to

the throne room of heaven? How many of us would jump at the chance for “face time” with the One who looks upon our hearts?

Indeed, the mere mention of such a meeting is overwhelming because, on some level, we know what will happen when we meet God face to face.

We know that when we meet our maker ... he will unmake us. God will move on our behalf. And his movement will entail pain, as it requires us to turn from our evil ways.

We cannot stand before the beauty of God’s perfection without seeing the ugliness of our own imperfection. Unfortunately, this vision will not cause great

laughter, but deep sorrow and humility.

Yet the seat of humility provides a good place to rest. For God is faithful to finish his work, and he will change us, and he will lift us up from the ashes of past sin and he will save us in due time.

Today, if you feel locked in a stand off with the creator of the universe, I dare you to embrace the New Testament solution:

“Draw near to God and He will draw near to you. Wash your hands, you sinners, and purify your hearts, you double-minded... Change your laughter to mourning and your joy to gloom. Humble yourselves before the Lord, and He will lift you up.” (James 4.8-10).

Area I Worship Services									
Catholic Mass			Protestant			Sunday	6 p.m.	Camp Stanley (Reggie's)	
Saturday	4 p.m.	CRC Warrior Chapel	Sunday	9:30 a.m.	Camp Castle Chapel	Protestant Gospel			
Sunday	9 a.m.	CRC Warrior Chapel		10 a.m.	Camp Casey Stone Chapel	Sunday	11 a.m.	CRC Warrior Chapel	
	Noon	Camp Casey Stone Chapel		11 a.m.	Camp Casey DISCOM Chapel, Camp Hovey Chapel, Camp Casey Crusader Chapel		1 p.m.	Camp Stanley Chapel	
	1 p.m.	Camp Stanley Chapel				Korean Services			
						Sunday	9 a.m.	Camp Casey DISCOM Chapel	
Eucharistic Episcopal							7 p.m.	Camp Stanley Chapel,	
Sunday	5:30 p.m.	Stanley Chapel	Protestant (COGIC)					CRC Warrior Chapel	
Latter Day Saints			Sunday	12:30 p.m.	CRC Warrior Chapel	1st Sunday	1 p.m.	Camp Jackson Chapel	
Sunday	1 p.m.	Crusader Chapel	Protestant Contemporary			2nd/3rd Sun.	2 p.m.	Camp Jackson Chapel	

Ad goes here

Kids, kites and a windy day

By F. Neil Neeley

Area III Public Affairs

CAMP HUMPHREYS – A Korean employee along with four members of his family sponsored a kite flying festival here Feb. 25 at the Bu-Yong Korean Elementary School playground near Humphreys.

Shim Chaim Il, a civilian who works in the Department of Public Works carpentry shop, hosted 162 students and more than 50 Camp Humphreys Soldiers, civilians and family members at the 20th annual kite flying festival to be held here.

"I'm pleased to see so many Soldiers and family members today," Shim said. "It's a great opportunity for Americans to experience a part of our Korean culture."

Shim, a Master kite flyer, has been flying kites for more than 50 years.

"When I was a child, kites were all that I had to play with," he said.

Shim explained that he began to encourage kids to get out and fly kites back in 1987 when computers were becoming commonplace. "Kids began spending too much time inside on the computer," he said.

"I thought that they should go outside, see the blue sky and breathe some fresh air."

Shim began to encourage children to fly kites because of its benefits to health.

"I also saw it as a way for them to enlarge their goals and ambitions in life," he said.

The Americans joined their Korean neighbors in games and were given lunch and a free kite. The weather was sunny and mild, perfect for kite flying, playing games and making new friends.



PHOTOS BY F. NEIL NEELEY



(clockwise from top left) Warrent Officer Thad King and three-year-old-daughter Kearney fly their kite. Shim Chaim-il hosts the event. Korean children in action. A member of the folk group "Mothers of Gaek Sa-Ri" strikes her gong. Andy Horton spins a Korean top. Children display their homemade kites.



Host Families Sought

Host families are needed for the Good Neighbor English Camp 2006.

The English camp is for Korean 10th-grade students from the Pyeongtaek, Daegu and Seoul areas. Our young Korean visitors will be immersed in an English-speaking environment as they visit and interact with Americans during the five-day program held April 4-8.

To volunteer as a host family, contact the USFK Public Affairs Office at 723-4673/4661 or e-mail Capt. Yosup Shim (shimyo@korea.army.mil). Deadline for host family registration is March 21.

FRG Briefing

A Family Readiness Group briefing will be held from 10:30 a.m. to 12:30 p.m. Thursday, in the 8th U.S. Army's Van Fleet Conference Room. The briefing is open to the community and will cover topics, including FRG fundraising, differences between unit and FRG fundraising, new command and FRG leader partnership guide, new technological initiatives helping to identify all FRG members, and establishing a private organization. FRG leaders, volunteers, liaisons and unit leadership are encouraged to attend. Reservations are not necessary, however, there will be limited seating.

Swim Instructor Sought

A Child and Youth Services swim instructor is being sought for the Yongsan area. The job is a NF-03 position with a salary ranging from 26K-34K per year. Applicants must submit resume and NAF application DA Forms 3433-1 and 3433-2. Additionally, local applicants in Korea must complete a Local Applicant Questionnaire. Resumes may be sent via e-mail to resume_naf@korea.army.mil. For information, call or e-mail Roxanne.chancellor@korea.army.mil at 738-2311.

Soccer Players Sought

Anyone interested in participating in twice-monthly pick-up soccer games should contact John Eastlake by e-mail at a7952149@kornet.net. Players of all ages, ability and experience levels are welcome.

TMCW Submissions

To have an event featured in The Morning Calm Weekly, e-mail pertinent information to morningcalmweekly@korea.army.mil. Submissions should include the basic who, what, when and where information regarding the event, and at least one point of contact name and telephone number.

For information, call 738-3355.

Sailors in Korea help comrades in Iraq

By Navy Journalist First Class David McKee

CNFK Public Affairs

YONGSAN GARRISON – When Jen Gillespie, a Navy wife living on Yongsan Garrison, read about how sailors serving in remote areas away from their families could use some care packages in Iraq and Kuwait, she acted. The result was the first “Anchors Away Packing Party” March 3.

“I was indeed inspired by the AnySailor.com Web site,” said Gillespie. “I saw how there were about 4,000 sailors there, and I thought how they are isolated much like we are here in Korea.”

Moreover, she realized she could use the APO addresses to send care packages and to avoid postage, and that made the idea of Anchors Away irresistible.

“It was an opportunity that couldn't be ignored. I shared the idea with the Navy Spouse Group and I got a favorable response, so I just took the idea and ran with it,” Gillespie said.

“Many of the sailors in Iraq are stationed at medical camps or prisons. They might have decent housing and even a PX, but the shelves are often empty,” said Gillespie. “Snacks are always enjoyed. Toiletries are a big hit, as are magazines and newspapers (used are okay). Old DVD, puzzles and books can help pass the time. Small toys are distributed to the



Care packages can remind deployed troops that they are appreciated, and can prompt them to show their own appreciation.



COURTESY PHOTOS

Snacks, toiletries and magazines are among the most popular items sent in “Anchors Away” care packages.

children of Iraq and Afghanistan.

“Most important is your show of support. For many, a card or letter thanking them for their service is even more important than the package.”

Commander, U.S. Naval Forces Korea Leading Senior Chief Petty Officer of Current Operations, OSCS(SW) Steven Dawson, knows from experience that a program where shipmates help shipmates boosts morale.

“Most of us here who have had the opportunity to serve our country in the Global War on Terrorism and other conflicts know very well the significant impact a care package has for our fellow sailors and Marines,” Dawson said.

In response to Gillespie's call to action, there are now currently two collection sites here at the Navy Club (just inside the main entrance) and in the Administration Office at CNFK headquarters. But Gillespie has found giving people from throughout the Navy Spouses' network. Brownie Troop #16 donated 20 boxes of Girl

Scout Cookies and other troops on Yongsan have also expressed interest.

“So far we have packaged and mailed 30 care packages. Donations continue to come in, and packing parties are planned for every Friday,” Gillespie said. “But remember, it's not what you send, it's the fact that you send something. A personal note or letter is even more important than the ‘goodies’ to these sailors.”

In addition to the actual items to be put in the care packages, Gillespie said packing material would also be helpful. Items like smaller boxes (no bigger than approximately 12"x12"x12"), packing tape, bubble wrap, Ziploc bags and brown wrapping paper are always needed.

“Please take a minute and evaluate how you would like to contribute,” said Dawson. “A thought, a prayer, a letter or a tangible item — we can help them through deployment and tell them we care.”

For information, contact Jen Gillespie at ombudsman – seoul@cnfk.navy.mil.



TIM HIPPS

World Class

Army World Class Athlete Program wrestler Sgt. Iris Smith (top) works to win her match against Ali Bernard of New Ulm, Minn., in the 2005 U.S. Wrestling World Team Trials at Ames, Iowa, March 2.

Smith also won a gold medal in the women's 158.5-pound freestyle division of the 2005 World Wrestling Championships at Budapest, Hungary, and is one of 45 females scheduled to receive an award March 12 from the Sportswomen of Colorado.

Soldiers D.A.R.E to make a difference in the classroom

Area III Public Affairs

CAMP HUMPHREYS - Twice a week since the beginning of this year a Soldier from the 557th Military Police Company shows up at the Humphreys American Elementary

School to share his skills and D.A.R.E. to make a difference to the students.

Spc. Michael A. Diaz, 557th MP Co., is assigned to conduct the Drug Abuse Resistance Education program for all grade levels at HAES and said

he is there to make a difference. Diaz is sometimes accompanied by other MPs who want to help get good information to the students.

The program commonly known as D.A.R.E. is used worldwide with good results. According to the D.A.R.E. Web site (www.dare.com) this year 36 million school children around the world — 26 million in the United States — will benefit from D.A.R.E., the highly acclaimed program that gives kids the skills they need to avoid involvement in drugs, gangs and violence.

Rebecca Drennen, sixth-grade teacher, said she has a strong feeling for D.A.R.E.

"I have lost a son, sister and brother-in-law to a drunk driver," she said. "I think it's a great program ... and it's wonderful that it's nation-wide, because we live in such a transient society that our children don't stay with us as we would in a hometown community. With D.A.R.E they can pick up wherever they move."

"Growing up in Miami, I've seen what (the kids) haven't seen yet in (Department of Defense Dependent) Schools and overseas," said Diaz. "The students really like D.A.R.E. They are always excited on the days that I'm there. They even love doing the homework."

"I want these kids to get something out of it. I want them to be able to make the right choices when they go back to the states. They are going to see the



Spc. John C. Plaia, 557 Military Police Company, performs a breathalyzer test on substitute teacher Vicky Loggins after she cleansed her mouth with a alcohol based mouthwash.

violence, gangs and drugs and say that I've been taught how to deal with this, I know how to say no and I know how to walk away," he added.

Spc. John C. Plaia, 557th MP Co., recently used mouthwash containing alcohol to demonstrate using the breathalyzer and field sobriety test to the sixth-graders.

"I want them to know that it's very dangerous to drink and drive," he said.

Diaz was recognized for his participation in the Ulchi Focus Lens exercise and received a coin from Col. Michael J. Taliento Jr., Area III commander. As a reward for his recognition, Diaz's platoon sergeant offered him a place in the D.A.R.E. program here at Humphreys. Diaz jumped at the chance.

"It's been a learning experience for me as well as my students," he said.



PHOTOS BY F. NEIL NEELEY

D.A.R.E. teacher Spc. Michael Diaz gets help from kindergarten student Rex Boone. Diaz has Rex demonstrate different emotions for the class as part of a lesson.

602nd ASB - Korean JCI sign partnership agreement

Area III Public Affairs

CAMP HUMPHREYS - Lt. Col. Gregory A Fawcett, commander, 602nd Aviation Support Battalion, and Kim Ki-sik, president of Junior Chamber International Korea, Paengseong Chapter, sign the first ever memorandum of agreement between a local civic group and a military organization Feb. 28 at the 602nd conference room on Camp Humphreys. Yun, Myeong-gil Senior. Vice Presedent of JCI observes.

"The Idea was Col. Taliento's," said Yu Pom Tong, Area III Community Relations Officer. "He wanted to establish a community relations matrix between units on the post and local Korean civic group downtown."

Col. Michael Taliento Jr., met with members of JCI several times over the past year and discussed the idea with them.

"Together they agreed to mutually cooperate for the benefit of the community," said Yu. "Because of the agreement, there will be more community relations events between the 602nd, JCI and Area III. Public Affairs will support these events."

"We feel that it's a step in the right direction to foster the relationship between the 602nd and JCI," said Maj. Ronnie J. Williamson, 602nd executive officer. "It will create a relationship that will be positive for both sides. We're looking forward to doing future events with our Korean partners."



COURTESY PHOTO

Lt. Col. Gregory A. Fawcett, commander, 602nd Aviation Support Battalion, and Kim Ki-sik, president of Junior Chamber International Korea, Paengseong Chapter, sign a memorandum of agreement as Col. Peter W. Foreman, commander, 2nd Combat Aviation Battalion, and Yun Myeong-gil Senior. vice presedent of JCI observe..

NEWS & NOTES

Women's History Essay Contest Announced

Fifth- and sixth-graders, seventh-graders through high school seniors, and servicemembers and civilians are invited to write an essay on: The Most Influential Woman in My Life. Entry deadline is Wednesday. For information, e-mail briggsb@korea.army.mil or call 753-6664 or 753-6834.

Family Literacy Night

"Dr. Seuss on the Loose" family literacy night is slated at Humphreys American Elementary School 6 to 8 p.m. Thursday. Parents can participate in fun reading and writing activities with their children to encourage reading. For information, call 753-8894

Osan Spring Bazaar

More than 30 vendors offer a wide variety of goods Saturday at Osan Officer's Club from 10 a.m. to 4 p.m. Door prizes will be presented to 30 shoppers.

Family Rediness Group Info brief set

A Family Readiness Group information brief will be offered 10:30 a.m. - 12:30 p.m. Thursday, at the Eighth U.S. Army HQ Van Fleet Conference Room Yongsan Main Post. Get the latest up to date information on FRG Fund-raising, Differences between unit and FRG fundraising and new technological initiatives helping to identify all FRG members including waiting family members.

PWOC Event

Protestant Women of the Chapel's monthly Big Event will be 9:30 - 11:30 a.m. Wednesday at the post theater. The theme is Green, Green Grace of Home - tea party and guest speaker plus a special interpretive dance performance. For information, call 654-6096. Watch care is available.

Boss Events

KOREACOM V will be Sunday at the Community Activity Center. Games for all levels of players for ages 12 and up. Games include WH40K miniatures tournament; Dungeons & Dragons; D20 Modern, a role-playing game with a modern setting; and, Star Wars: The role-playing game based on the movies.

Registration is \$5 and begins at 10 a.m., with play beginning at 11 a.m. and lasting all day. For information, call 010-5631-1701.

A Taste of Summer Pool Party at the CAC from 3 to 6 p.m. Saturday. We'll be grilling out and playing in the pool like it was July, even though it's bound to be cold. Come enjoy the hot tub, sauna, and pool, but bring a big towel to wrap up in to visit the grill! For information, call 011-9688-0194.

Women's History Month events set

By F. Neil Neeley

Area III Public Affairs

CAMP HUMPHREYS - Area III is celebrating Woman's history month with an essay contest and program with a special guest speaker.

"We're having essay contests with the topic 'The most influential woman in my life,'" said Capt. Bernita F.R. Briggs, Area III Headquarters, Headquarters company commander. "We have categories for grades 5th and 6th, grades 7 through 12 and a category for all service members and civilians. We'll recognize the winners from each category at the women's history month program."

The woman's history program will take place here 3 p.m. March 29, at the multipurpose training facility.

"We have Shoshona Johnson, the first African-American prisoner of war during Operation Iraqi Freedom," said Briggs. "To get her here has been a lot of work but it's been fun."

Briggs explained that the program's organizers are trying to pull people in. "In the past we've only seen Soldiers participating," she said. "We've made a great effort to get the other services and civilians involved."

Briggs feels that it's important to honor women with a woman's history month because women have made great strides across the world.

"It's not only those women who are in the history books that we're interested in with our program," she said. "We're planning on highlighting

women within our community that are diligently working and contributing to our community in our everyday lives."



U.S. Army Photo
Shoshona Johnson, the first female African-American POW in U.S. history, is scheduled to speak at Area III's Women's History Month celebration.

Humphreys hosts youth basketball tourney

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS - Area III and Camp Humphreys played host Saturday to the annual Installation Management Agency Korea Region Office Age 11 and 12 Basketball Tournament. Teams from Yongsan, Daegu and Humphreys met to compete for the tournament's traveling trophy, and to be named the top basketball players in their age group in Korea.

Four teams, the Daegu All Stars, the Camp Humphreys Nightmares, and the Yongsan Lakers and Rockets, were involved in the single elimination tourney.

At the end of the day the Daegu All Stars won the trophy playing against the Camp Humphreys Nightmares. The final score was 20 to 16.

"The youth basketball program is an excellent opportunity for young people to get involved," said Ted Stevens, KORO Youth Services program manager. "We'd like more young people on the teams and more

parents involved in coaching those teams."

Members of the winning team, the Daegu All Stars were awarded gold medallions for their efforts. Members of the Camp Humphreys Nightmares were awarded silver medallions.



Roger Edwards
Humphreys Nightmares' Dominique Williamson drives past Joshua Paquin, a player from the Yongsan Rockets, and goes for the hoop during the Youth Services 11 & 12 year old age group Basketball Tournament Hosted at Humphreys Gym Saturday, March 11.

Humphreys student wins national contest

Area III Public Affairs

CAMP HUMPHREYS - A Humphreys American Elementary School student won a national award, beating everyone in the United States and all other Department of Defense Dependent Schools students in the Pacific and Europe.

Twelve-year-old Laura Curran, daughter of Master Sgt. Patrick G. Curran, 602nd Aviation Support Battalion, won first place in the Pacific area and U.S. national "Bus Safety Poster Contest" sponsored by the National Association of Pupil Transportation. Laura placed first in the Computer Aided Design category.

NAPT sponsors this contest annually. Children from school districts all over the USA and DODDEA make posters with the hopes of winning a prize.



Nancy Turner
Laura Curran, Humphreys American Elementary School student, holds her first-place winning entry in the computer assisted design category of the annual school bus safety poster contest sponsored by the National Association of Pupil Transportation.

Soldier volunteers renovate Sunday school room

By F. Neil Neely

Area III Public Affairs

CAMP HUMPHREYS - The Korean Chapter of the Warrant Officer Association, along with members of the Association of the United States Army, recently renovated the Camp Humphreys Freedom Chapel Children's Sunday school room.

"The Sunday school room also serves as watch care for some services," said Lt. Col. Steven M. Elkins, commander, 194th Maintenance Battalion. "Like many of the older facilities on Camp Humphreys, the room was badly in need

of renovation."

Elkins and his family have close ties to the chapel. "My wife Bonnie, and eldest daughter, Shannon, serve in the room weekly to either teach Sunday school or provide watch care to most of the services that meet there," Elkins said. "My other two children, Steven and Sarah, alternate each week on Sunday to give their mother a hand during Sunday school."

Elkins explained that most of the services using the chapel have experienced a growth in attendance recently and the facilities for the children

have been stretched to capacity in some cases.

"When additional concerns were raised by families in the chapel, Bonnie and I felt that it was time to do a major renovation on the room that most of the children of the chapel attend services in," Elkins said. "Plus, we wanted to get something moving a little quicker than waiting on the normal work order process with DPW."

To get things going, Elkins pitched a self-help project to Chaplain (Maj.) Raymond Robinson, Area III chaplain. Robinson began working with the Directorate of Public Works and enlisted their support for the project.

"DPW was willing to support and the process started," said Elkins, "But we needed a work force to execute the project."

Elkins enlisted help from the warrant officers in his battalion. "The warrant officers in the 194th Maint. Bn. are very active in the Korean Chapter of the Warrant Officer Association," Elkins said. "I asked Chief Warrant Officer Joe Brewer of the 520th Maintenance Company if the local warrants would be interested in taking on this community project."

Elkins said that Brewer and his association were looking for a community project and agreed to help.

"My executive officer, Maj. Lisa Keough, is very active in the Camp



A view of the renovated Sunday school room

Humphreys Association of the United States Army and asked if they could participate also," said Elkins. "DPW pushed through the self-help project and got us the materials, while the WOA and AUSA folks prepared to execute."

Both organizations worked together to set a renovation schedule, so that work would disrupt as few of the weekly services as possible and none of the Sunday services.

The work took place over a four-day period beginning March 9 and finished in time for Sunday's services.

Elkins said that the children's Sunday school room's complete makeover now provides a clean healthy environment for the community's children to worship and play.

"These Soldiers put a lot of care into this project," Elkins said. "They did a great job and ensured that the quality of workmanship was there."



PHOTOS BY F. NEIL NEELEY

(from left) Chief Warrant Officer Tom Robertson, Warrant Officer Justin Roberts, Chief Warrant Officer Joseph Brewer, and Chief Warrant Officer Gini Smith, all from the 520th Maintenance Company, prepare the Sunday school floor for installation of new tile.

Lost history

Exploring Japanese 'tunnel to nowhere'

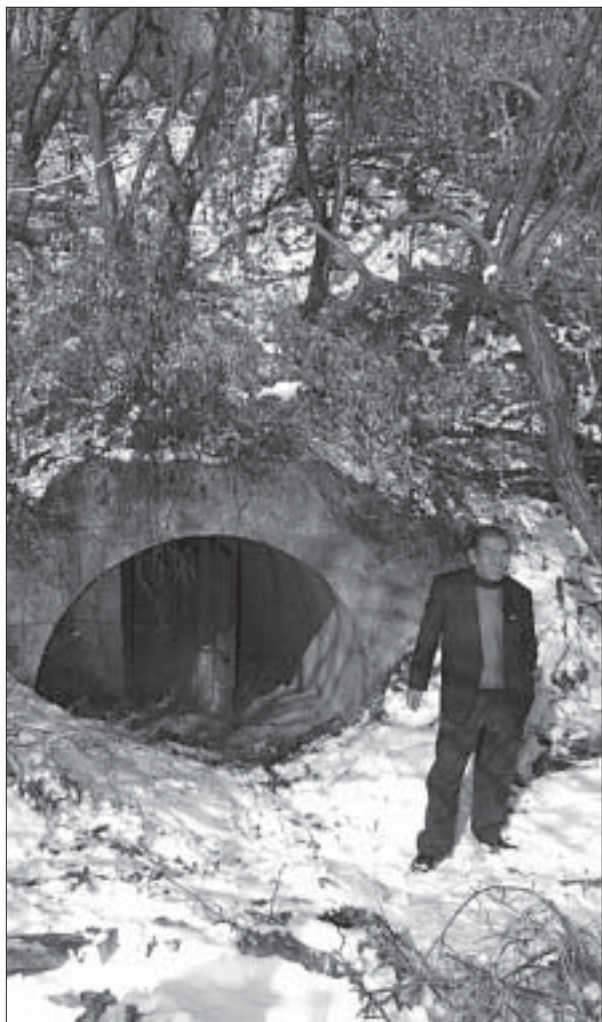


PHOTO BY ROGER EDWARDS

Choe Gil-cheon, Village Chief of Du Cheong 2Ri stands in front of one of the entrances to the Japanese tunnel to nowhere.

By Command Sgt Maj Robert Frace

Area III Support Activity

CAMP HUMPHREYS - In Bon Jong-ri village right outside the Camp Humphreys Quarry/Westgate, nestled between a farmer's home and chicken coop, there is an interesting historical site, a tunnel to nowhere.

Built around 1925-1930 during the Japanese occupation of Korea, this tunnel was possibly used as a location for Japanese soldiers to re-supply or for tactical fighting purposes.

No one really knows because there is no one left in the village who can tell the story. Many of the villagers were born after that time and have done little to research the historical information; rather they look at it as a reminder of a time-gone-by.

I found this tunnel with the assistance a Korean worker at our Education center. He has worked for Area III for over 40 years. We were discussing the many changes at Camp Humphreys and he suggested that there might be some very historical data in this area.

I was very curious and asked the Community Relations Officer Yu Pom-tong to check on this. Yu was able to find the tunnel with the help of the local village chief.

We found that the tunnel was around 75-100 feet long and built of concrete. It has two entrances, but it had structural damage in the center.

We asked the village chief about the date it was built and for his help in finding any villagers

who may still remember this, but we were unable to identify any living villagers who knew the exact dates.

As we discussed this, we also found that in the city of Texsa-ri there is also another tunnel built around the same time. But again no definitive information could be had.

The Japanese occupation was a very dark time in Korea and many locals want to forget about it. Structures built around Korea are identified by the Korea National Archives and we are still trying to identify the historical information on the two tunnels.

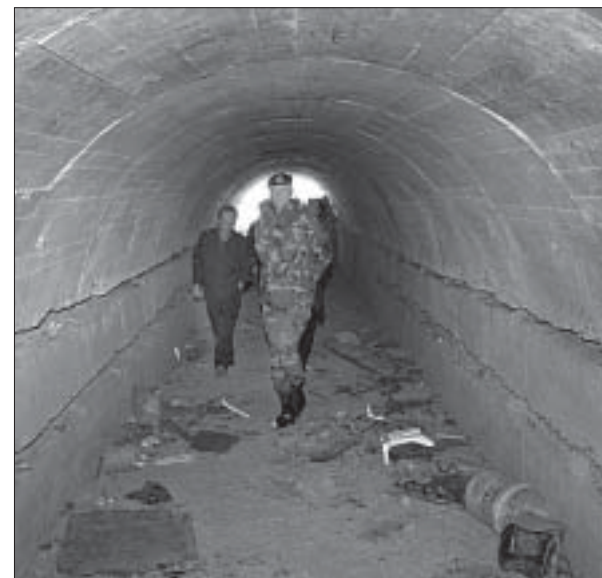


PHOTO BY ROGER EDWARDS

Command Sgt Major Robert Frace and Choe Gil-cheon check out the Japanese tunnel.

Korean, American Girl Scouts join for day of fun

By Galen Putnam

Area IV Public Affairs

DAEGU – Korean and American youth might have different tastes and preferences – but not when it comes to peanut butter and jelly sandwiches and having fun.

Thirty American Girl Scouts from Daegu were joined Saturday on Apsan Mountain by 30 of their Korean counterparts for a day of hiking, team-building activities, games, crafts and a picnic lunch featuring that international favorite, PB&J sandwiches.

The day started with a hike to a central staging area on Apsan, where participants were divided into six groups. Each group consisted of Korean and American scouts to ensure maximum interaction. Following an opening ceremony featuring the Girl Scout Oath and Girl Scout Promise, the groups split up to challenge the Apsan fitness course consisting of several challenging stations including a log bridge, rope climbing, a rope bridge, monkey bars and more.

"I liked the rope bridge the best. It was hard and kind of scary," said 7-year-old Brownie Ashley Parker. "It was fun doing this with the Korean Girl Scouts. They are nice and you get to meet new friends."

After 90 minutes of trudging Apsan's trails and tackling the fitness courses obstacles, it was time for a rest – and lunch.

"I liked the American-style lunch best. I like peanut butter and jelly sandwiches," said 12-year-old Kang Ka-un, a Korean Girl Scout. "I also like speaking English and having activities with the American Girl Scouts."

For the United States of America Girl Scouts Overseas – Daegu members, ranging from Brownies to Seniors, the event was more than just an opportunity to have fun. The girls are working with their Korean counterparts to earn the Lady Baden-Powell International Friendship Award.

According to the Girl Scouts of the USA Web site, the award encourages American Girl Scouts residing overseas to work together with their host nation sister scouts in the spirit of friendship. Required activities focus on communication, community service, camping, crafts and culture.

"We always enjoy getting together with the Korean Girl Scouts," said Debbie Weigle, Senior troop leader and Lady Baden-Powell Committee chair. "With their common



GALEN PUTNAM

Brownie Blaze Johnson (left) is greeted by Girl Scouts from Daegu Saturday, as Korean and American Scouts are divided into teams for a day of activities on Apsan Mountain. More than 70 Girl Scouts and adult leaders participated in the event.

interest in scouting, the girls become fast friends. This is an easy way for them to learn about each other's cultures."

Others agreed.

"The girls had a lot of fun and want to come back here," said Kathryn Shaw, GSA overseas committee chair. "It is good for them to work together and learn from each other."

Following lunch, the scouts played games, sang songs and then wrapped things up with a closing ceremony. The next joint venture will be an Arbor Day tree-planting event slated for April 8 in Daegu.

The Girl Scouts of Taegu welcome new members in grades kindergarten through 12. Seniors, in grades 10–12, meet at 5:30 p.m. Thursdays. For information, call Weigle at 764-4085. Weigle is also the point of

contact for kindergarten-age members. Cadets, in grades 7–9, meet at 6 p.m. Mondays. For information, call LaTondra Anderson at 011-1762-4432. Juniors, in grades 4–6, meet from 4:30 – 5:30 p.m. Wednesdays. For information, call Lynn San Nicholas at 053-475-3602. Brownies, in grades 1–3, meet at 3:30 p.m. Tuesdays. For information, call Andrea Hertzendorf at 470-4466.

In addition, several adult leadership positions are currently open or will become vacant soon. Positions include: overseas committee chair, registrar, secretary, treasurer, public relations chair, Senior troop leader, Brownie troop leader, Daisy troop leader (kindergarten). If you are interested in filling a position or would like more information, call Weigle at 764-4085.

Daegu teen earns Bronze, Silver Congressional Award medals

By Galen Putnam

Area IV Public Affairs

CAMPHENRY—A Daegu teen, well-known for her community service efforts, was recognized March 9 for her hard work by being awarded Congressional Award Bronze and Silver Medals at a ceremony at 19th Sustainment Command (Expeditionary) headquarters.

Brittany Weigle, a Senior Girl Scout, received the awards from Brig. Gen. Timothy P. McHale, 19th SC (E) commander, who presented the medals on behalf of her congressional representative, Mike Simpson of Idaho, who was unable to attend the ceremony but wrote, "Congratulations on receiving your Silver Medal Award. I wish I could have been there to present it to you personally. Keep up the good work!"

The Congressional Award program is a non-competitive, voluntary program open to teens and young adults ages 14–23. Each participant sets and strives for challenging goals in four areas: personal development, voluntary public service, exploration/expedition and physical fitness. Weigle has dedicated more than 400 hours to the program since starting in 2003.

For the physical fitness component, Weigle has logged more than 100 hours running both for pleasure and as a member of the Taegu American School Cross Country team. For personal development, she has participated in a variety of volunteer positions at Army Community Service and the American Red Cross. She is also an



Brittany Weigle

assistant to the Brownie Troop leader.

In addition, she has voluntarily spearheaded two significant community projects. Beginning in November 2004, she started work on a college fair that attracted alumni representing 40 institutions of higher

learning and drew more than 200 students to Taegu American School in May 2005. Her most recent project, "Operation Pocket Present," generated donations of more than 100 pounds of pocket-sized toys to be distributed to Iraqi children encountered by U.S. Soldiers while on patrol.

"I feel honored to receive the awards and am grateful for the people who have helped me," Weigle said. "This has given me a lot of

opportunities to learn but the most satisfying part is seeing the girls developing and having a good time. What you do really does have an effect on others."

Weigle must invest about another 90 hours in the program to achieve the Congressional Award Gold Medal. A summer of exploring will help fulfill that requirement as she is slated to attend "Presidential Classroom," a national defense security seminar in Washington D.C., and the "Global Young Leaders Conference" in New York, Philadelphia and Washington D.C. In addition, she will attend NASA Girl Scout Space Camp in Huntsville, Ala.

"We are excited about her initiative," said Debbie Weigle, Brittany's mother. "We are happy she is willing to contribute to the community."

NEWS & NOTES

Estate Claims

Anyone who is believed to have claims against the estate of Maj. Timothy P. Auvil, Headquarters and Headquarters Company, 20th Area Support Group, Camp Carroll, may contact Capt. Michael Summers, summary courts officer, at 765-4095 or 010-9429-1278.

Camp Walker Speed Limits Lowered

The maximum speed on Camp Walker's Nebraska Street, Rhode Island Street and Pennsylvania Ave. has been reduced to 25 kilometers per hour. This speed reduction is in effect through April 3. For more information, call Rolan Johns at 768-8650.

Hosts Needed for English Camp

Host families are needed for Korean students who will participate in the USFK Good Neighbor English Camp at Taegu American School April 4 – 6. Host families will need to provide the students a room to sleep, some meals and transportation to and from the school. The Area IV Support Activity will make arrangements for the students to access and reside on the installations during the camp. For information and to volunteer as a host family, call TAS at 768-9500/9503 or the Area IV Public Affairs Office at 768-6907.

Outstanding Volunteer Nominations

Nominations for the Daegu-area Volunteer of the Year Awards are being accepted through March 31. Individuals or units can nominate registered volunteers in the following categories: civilian, Korean national, youth volunteer, organization, unit and Soldier. Nomination forms are available at Camp Henry Army Community Service. For information, contact Bonnie McCarthy at 768-8126 or bonnie.mccarthy@korea.army.mil.

Apple Tree Hours

The Apple Tree Gift and Thrift Shop will be open from 10 a.m. – 6 p.m., starting Tuesday. The store will be open Tuesday through Saturday until April 1. For information, call Tami LeJeune at 764-4152.

Bass Tournament Scheduled

The Second Annual Area IV MWR Bass Tournament will be 4:30 a.m. – 3 p.m. April 1, at the Jang Chuk Gi Reservoir, about 45 minutes south of Daegu. Cost is \$20 for entry fee and \$10 for equipment rental. Food and drinks will be provided. This event is restricted to the first 40 to sign up at the Camp Walker Community Activities Center. Registration deadline is March 30. Prizes include Army and Air Force Exchange gift certificates and steak dinner coupons. For information, call Luis Rios at 764-4440.



PHOTOS BY STEVEN HOOVER

About 80 Daegu enclave Soldiers, civilians and family members attended the opening ceremonies of the 2006 Cheongdo Bullfighting Festival, Saturday, courtesy of the Camp Walker Community Activity Center and Better Opportunities for Single and unaccompanied Soldiers. Cheongdo is located in North Gyeongsang Province, about 30 minutes southwest of Daegu.

Travel Spotlight: Cheongdo Bullfighting Fest



Looking much like a New York City pizzeria worker, this vendor shows passersby how to make Chinese-style noodles.



"C'mon you ..." seems to be what this guy is trying to tell the bull as he attempts to lead the beast back to his pen. The sport of bullfighting, which originated more than 1,000 years ago, started as a farmer's pastime, with the strongest bulls being selected for breeding. Similar to boxing or wrestling, the bulls are ranked into weight classes, with the heavyweight division coming in at more than 1,600 pounds.



The Cheongdo Bullfighting Festival lasts for five days, culminating in the award ceremony for the international and domestic champions. The highlight is the bullfighting, but visitors could also take in the numerous exhibitions and activities surrounding the venue.

Carroll hosts KORO Racquetball Championships

By Cpl. Park Kwang-mo
Area IV Public Affairs

CAMP CARROLL – Racquetball players from around the peninsula gathered here to compete in the Korea Region Racquetball Championships March 9 – 10 at Camp Carroll’s Crown Jewel Fitness Center.

Categories included Men’s Open (34 years of age and younger), Men’s Senior (35-39 years of age), Men’s Master (40 years of age and older) and Women’s Division.

“The tournament went well. Although we didn’t have many players, some of the best players in the peninsula participated,” said Modesto C. Algarin, Sports, Fitness and Aquatic director of the Crown Jewel Sports Program.

Winners are:

Men’s Open: Champion, Joseph Gutierrez, 168th Medical Battalion, Area III; Runner up, Juan Garcia, 2nd Infantry Division, Area I.

Men’s Senior: Champion, Jonathan Brooks, 1/38th Port Movement Control Team, Area III; Runner up, John M. Nolt, 19th Sustainment Command (Expeditionary), Area IV.

Men’s Master: Champion, Song Kim, 8th Personnel Command, Area II; Runner up, Michael Edwards, 19th SC (E), Area IV.

Women’s Division: Champion, Connie Morrison 18th Medical Command, Area II; Runner up, Silia Sefo, Eighth U.S. Army Staff Judge Advocate Office, Area II.



Capt. John Nolt, 19th Sustainment Command (Expeditionary), warms up before his opening match at the peninsula-wide KORO Racquetball Championships held at Camp Carroll’s Crown Jewel Fitness Center March 9 – 10.

Carroll KATUSAs win basketball tournament

By Steven Hoover
Area IV Public Affairs

CAMP CARROLL – The Camp Carroll Korean Augmentation to the U.S. Army basketball team, representing Area IV, defeated the Area III team, 74-42, March 5 to capture the inaugural Korea-wide KATUSA Invitational Basketball Tournament, played at Hanson Field House on Camp Casey.

The Carroll contingent completed the tournament undefeated, besting Area III in its opener, 46-38, which would be their closest game of the tournament. Later, they ripped through Area I, 62-41. Meanwhile, Area III was battling back through the losers’ bracket, defeating Area II, 43-42, before knocking off Area I, 39-33, to set up the final.

Winning the title continued the teams’ victory streak, having gone 15-0 in Area IV play, giving them an 18-0 season record.

“I was very impressed at how our guys played as a team,” said coach Ronald Porter. “Throughout the season, other teams may have had better individual players, but we beat them all because of our team approach and tenacious defense.”

Porter credited Lee Se-hoon, Hong Kwan-yung and Kang Byung-chul with being the leading players on the team. Each led the team in scoring for one game of the tournament.

Besides them, the team, comprised of Soldiers from Headquarters and Headquarters Company, Area IV Support Activity, and the 57th Military Police Company were: Ahn Mu-hyun, Kim Tae-yung, Park Hyo-suk, Myung Jae-yub, Oh Jin-suk, Kim Yoo-kyum, Koo Seung-wook and Choi Seung-won.

Ad goes here

19th SC (E) Soldiers serve meals to homeless Koreans

By Pfc. Oh Kyo-dae

19th Sustainment Command (Expeditionary) Public Affairs

DAEGU – Taking care of community members in need is an essential part of the Good Neighbor Program. With that in mind, 10 Soldiers and civilians from the 19th Sustainment Command (Expeditionary) showed they are good neighbors when they went to Dae Sung Temple March 3 to help volunteers serve meals to about 700 less fortunate members of the community.

Soldiers have visited the temple for events before, so the head priest of Dae Sung temple asked for the Soldiers’ help in serving free meals. “He received a positive reply, and they came here to help,” said Song Soo-yong, director of business of the Bo-ri volunteer group, which prepares meals for people who don’t have homes, jobs or money.

“The Bo-ri volunteer group was established in 1995 and started providing free meals in March of 1998. We serve lunch every Friday at the Hyang-rim Dang (a building in the temple),” Song said.

The group started providing the free meals as a result of the economic crisis that struck Korea in 1997.

“After the crisis landed on the peninsula, the number of jobless and homeless people increased. We wanted to relieve a small burden from them,” Song said. “Eight out of 10 [of the people we serve] are elderly, and some have difficulty in taking care of themselves.”

Song said they usually have a group of about 30 volunteers, some of whom work in restaurants, to prepare the meals at the temple.

“Volunteers do almost everything related to serving meals at the temple, from preparing the ingredients to



PFC. OH KYO-DAE

Sgt. Melanie Livingston, Headquarters and Headquarters Company, 19th Sustainment Command (Expeditionary), chats with a Daegu resident while cleaning up following the meal served by 19th SC (E) Soldiers.

cleaning up the dining facility,” Song said. “The Soldiers helped a lot this time.”

The 19th SC (E) plans to continue supporting this program by sending volunteers the first Friday of each month.

According to the Soldiers and civilians who participated, it’s a worthwhile cause.

“It’s a great experience. It means a lot to do something like this to support the community. The

members of the local Korean community are such gracious hosts that it’s nice to give something back and let them know we appreciate the support they give us,” said Lt. Col. David Astin, Headquarters and Headquarters Company, 19th SC (E).

“It’s a very heart-warming feeling to help others who are less fortunate, and I feel privileged and honored to be asked to do this,” said Sgt. 1st Class Patricia Terry, HHC, 19th SC (E).

Ad goes here

한미 대테러 연합 훈련 이촌동에서 열리다

제2지역시설사 공보실
일병 이양원

대한민국 경찰관들이 지하철로 급히 달려 들어간다. 행인들은 뭔가 일어나고 있다는 것을 감지하지만 정작 그것이 무엇인지는 보지 못한다.

갑자기 위험하게 보이는 인물이 나타나고 땅바닥에 엎드린 사람들이 보이는가 하면, 벽에는 흰색 가루가 묻어 있다. 경찰은 위험인물의 손목에 수갑을 채우고 끌고 나간다.

이어서 대한민국 소방관들이 방독면과 보호기구들을 착용한 채 지하로 급히 내려와 난장판을 수습한다.

경찰관들은 위험인물을 가까운 텐트로 끌고 가서 손목의 수갑을 풀어준다.

테러리스트로 자원한 조기식씨가 웃으면서 경찰관들에게 “수고하셨습니다,” 라고 말해준다.

이 모든 것이 대 테러리스트 훈련이다. 용산의 미8군 소방서는 2월 24일 대한민국 소방서와 이촌동 지하철 내에서 합동훈련을 실시했다.

이 훈련은 시민들의 자원과 서울 지하철 공사, 용산구 소방서가 참여한 가운데, 2003년 대구지하철 참사를 재현했다.

용산 미8군 부대의 소방서장 알렉스 템포라도씨는 모든 훈련 과정이 최대한 신속하고 지체없이 진행되는 데에 초점을 맞추었다고 말했다.

템포라도씨는 “만약 이러한 테러리스트 활동이 부대 인근에서 일어났다면, 국제적인 사건으로 발전했을 것,” 이라 말하며 “다행이 이런 규모의 사고는 지금껏 일어나지 않았으며, 일어난다 해도 우린 충분히 준비가 되었다,” 라고 덧붙였다.

그는 용산 미8군 부대의 소방서는 어떠한 경우에도 대처할 수 있는 최악의 시나리오 아래 꾸준한 훈련을 해왔다고 말했다.

용산구 소방서와 실시한 이 합동훈련은 전문성을 요하는 7개

의 독자적인 단계로 구성되어 있다.

보조 소방관인 우전병씨는 “소방관들이 현장에 도착하고 테러리스트 용의자가 제압된 후, 인명을 구출하기 전에 생화학 테러의 가능성을 조사한다,” 라고 말했다.

훈련 내용에는 생화학공격에 대비한 보호장비를 착용한 소방관들만이 처리할 수 있는 흰색 가루 대처법도 포함되어 있었다. 지원자들이 바닥에 누워있는 동안 주황색 복장의 소방관들은 생화학 오염 여부를 조사한다. 그 후, 테러 피해자들에게 달려가 산소 마스크를 씌워주고 일으켜 준다.

템포라도씨는 “우리는 용산구소방부서장에게 필요하면 언제든지 불러달라,” 고 말했으며 “바로 근처에 미8군 병원이 있으니 이런 사고로 인한 희생자가 발생할 경우 군병원 이용도 가능하다. 부서장은 우리 지원에 상당히 만족해 하는 거 같았다,” 라고 덧붙였다.

제 5단계는 실전 소방훈련이다. 소방관들은 각각 팀을 이루어 지하철의 최하층으로 호스를 운반하는 훈련을 했다. 제 6단계는 지하철 밖의 응급 시설물 설치이며 마지막 단계는 병원이나 관련 시설 물로의 환자 수송이었다.

그는 “서로의 대테러 방책을 볼 수 있었어 좋았고, 이 훈련을 통해 서로 오해할 수 있는 부분을 보완할 수 있게 되었다. 이번 훈련은 완벽하게 진행된 거 같다,” 라고 말했다.

용산구 소방부서장 박성화씨도 큰 만족감을 표했다.

그는 “훈련이 상당히 잘 돌아갔다. 항상 만약에 대비해 이런 훈련을 하는데, 오늘과 같은 공동 훈련에서는 서로를 돕는 것이 가장 중요하다,” 라고 말했다.

This story is about:

Firefighters, police practice fighting terrorism



크리스토퍼 셀렉 병장

경찰관들이 2월 24일 합동훈련 중 테러리스트 역할을 맡은 조기식 씨를 이촌동 지하철역에서 끌고 나가고 있다.

Learn Korean Easily



Language Instructor
Kwon Min-sook



“Oen-jeh doh
mahn-nahl-gah-yo?”
“When should we meet again?”

Single Consonants									
ㄱ	ㄴ	ㄷ	ㄹ	ㅁ	ㅂ	ㅅ	ㅇ	ㅈ	ㅊ
g	n	d	r, l	m	b	sh, s	ng	j	ch
Double Consonants									
ㄲ	ㄸ	ㅃ	ㅆ	ㅉ	ㅊ	ㅌ	ㅍ	ㅍ	ㅍ
gg	dd	bb	ss	jj	ss	jj	ss	jj	jj
Single Vowels									
ㅏ	ㅑ	ㅓ	ㅕ	ㅗ	ㅛ	ㅜ	ㅠ	ㅡ	ㅣ
ah	yah	oe	yoh	oh	yo	oo	you	ue	ee
Double Vowels									
ㅘ	ㅙ	ㅚ	ㅜ	ㅝ	ㅞ	ㅟ	ㅠ	ㅡ	ㅣ
eh	yeh	yeh	weh	wah	wah	wuh	wee	ui	ui

Word of the week:

언제

ㅇ ; silent, ㅈ ; oe, ㅊ ; n /
ㅈ ; j, ㅊ ; eh

‘oen-jeh’
when

The phrase of the week :

“Let’s meet anytime.”

언제든지 만납시다.

Oen-jeh-duen-jee mahn-nahp-she-dah.

anytime

Let’s meet

Conversation of the week

집에 갈 시간입니다.

It’s time to go home.

Jee-beh gahl

she-gahn-eem-nee-dah.

벌써요?

Already?

Boel-soe-yo?

네

Yes.

Neh.

시간이 너무 빠릅니다.

Time flies so fast.

She-gahn-ee noe-mu

bah-ruem-nee-dah.

내일 또 만납시다.

Let’s meet again tomorrow.

Neh-eel doh

mahn-nahp-she-dah.

좋습니다.

Great.

Jo-suem-nee-dah.

도서관 *doh-soe-gwahn* library

사무실 *sah-mu-sil* office

Share this column with a Korean co-worker.